Newmarket News

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ALL IN A SPIN FOR CHARITY

Marathon event raises funds for hospice

Story on page 3

COME AND JOIN US FOR GOALBALL

Story on page 5

18 PAGES OF HOMES FOR SALE AND TO RENT START ON PAGE 19

Road safety fears over plans for Asda store

Councillors object to a revised scheme after hearing concerns about delivery lorries posing a risk to schoolchildren

■ LIZZY BUCHAN

What do YOU think?

We want to hear your views on these proposals. Email us at editorial@newmarket-news.co.uk or visit www.newmarket-news.co.uk

EYESORE: Left, part of the site proposed for the Asda store. Above, the derelict building at Queensbury Lodge

ANGRY residents have voiced their disapproval at plans for an ASDA at the top of the High Street.

Representatives from the Unex group presented their revised plans to Newmarket Town Council's planning committee on Monday, which they hope will revitalise the gateway to the town.

The proposed store would be built on land bounded by Rowley Drive, Black Bear Lane and High Street, including a drive-through restaurant, a petrol station and parking for more than 400 cars.

The derelict Queensbury Lodge site would be restored to house an art gallery and other retail units.

However, more than 15 people attended the meeting to raise concerns that part of the store will be built on paddock land and heavy delivery lorries would access the 3716m store along Rowley Drive, where Houldsworth Valley Primary School is located, and would need to cross the horse walks.

Sara Beckett, of Station Approach, said: "You cannot get away from the fact that it is racing land."

William Gittus, speaking on behalf of The Jockey Club and Newmarket Horseman's Group, said: "It is in conflict with the horse racing policy which not only protects the main industry in the town but also the character of the town."

But Cllr Mick Jefferys said: "I think there is some merit in these plans. I like the improvement to the entrance to the town.

"However I think delivery lorries coming along a residential street which includes a primary school is a real issue and I don't see how we can get around it."

Some people supported the improvements to the town's gateway, described as "a dreadful eyesore".

Nick Flack, speaking on behalf of Fairlawns Residents Association, said: "The dereliction of the Queensbury Lodge buildings is a dreadful eyesore. It is a huge investment and I think it will be of great benefit to Newmarket."

Mr Flack said the crossing with Dullingham Road was so dangerous drivers "were taking their lives in their own hands" every time they left the petrol station.

Stephen Walsh, of Unex, said: "It is not a welcoming image and it does not portray Newmarket as a vibrant and attractive town."

The planning committee objected to the proposals on the basis it conflicts with the racing policy and delivery lorries could pose a risk to schoolchildren, residents and horses on Rowley Drive.

However, councillors approved the second part of the application which covers the redevelopment of the Queensbury Lodge site.

The four supermarket applications will be determined by Forest Heath District Council on May 22.

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» in brief

Workshop fire

A WORKSHOP went up in flames yesterday.
Five fire crews were called to Vale Lodge Workshop, in Carter Street, Fordham, just before 2.30pm.
No one is thought to have been injured and the fire was out by 4.30pm.
The cause of the fire was accidental.

Bonfire incident

A BONFIRE blazed out of control on Sunday afternoon.

Firefighters were called to the scene in Old Newmarket Road, Barton Mills, just after 5.10pm.

Two crews battled for 30 minutes before extinguishing the fire.

Road closure

A ROAD was closed after RAF Lakenheath officials stopped a suspicious vehicle at 9am on Friday.

As a precautionary measure police closed the road between B1112 and Wangford Road until 11.45am.

Personnel were evacuated but the road re-opened as the incident was contained at the base.

Coffee morning

All are welcome for a coffee morning on Saturday.

Enjoy delicious cakes and snap up some prizes in the tombola at the former hospital chapel, in Exning Road, from 10am to 11.30am.

Generous cyclists use pedal power to raise money for charity

WHEELY GOOD: Participants get pedalling during the 12–hour spinathon at Newmarket Leisure Centre on Saturday

FUNDRAISERS hopped on their bikes for a marathon 12-hour spinning event. Spinners ranging from 14 to 70-years-old kept the 50 bikes pedalling throughout the day at Newmarket Leisure Centre to raise money for St Nicholas Hospice Care.

Instructor Pete Mahon organised the event and his wife Hayley spent the day before baking delicious treats for participants.

Sue Long, community fundraiser for St Nicholas Hospice Care, said: "It was electric. We had people come in to see what was going on.

"One woman had never been on a bike before and she did an hour. Some people managed the whole 12 hours, including some who took part last year but didn't do the full half-day then. This year, they decided to push themselves even further."

She added: "On behalf of St Nicholas Hospice Care, thank you to everyone who was involved."

The full total has not been totted up yet but organisers hope to beat last year's £11,083. Newmarket Leisure Centre donated the bikes and use of facilities for free.

St Nicholas Hospice Care provides end of life care for people in West Suffolk.

Family fight on for justice after Gerry dies, aged 75

THE family of a man who died from cancer caused by exposure to asbestos are appealing to his former colleagues to come forward as they continue his fight for justice.

After he was diagnosed with the asbestos-related lung cancer mesothelioma in October 2012, Newmarket man Gerry Blinston began a legal fight against the insurers acting for his former employers, Caravans International Ltd, which were based on Fordham Road, who he held responsible for his illness by exposing him to asbestos more than 40 years ago.

Mr Blinston died last month, aged 75.

Now his widow, Angela, 68, and daughter, Marie Denny, 47, are continuing his fight for justice and hoping former colleagues of the Newmarket firm will come forward and confirm that he was exposed to asbestos during his employment from 1963 until the company folded in 1982.

Mrs Blinston said: "In April 2012, Gerry began suffering with a persistent cough and feeling generally unwell.

"By August it was clear there was something wrong with his health and after visiting his GP he was admitted to hospital where he had an operation to drain more than four litres of fluid from his lungs."

Gerry was diagnosed with mesothelioma in October last year, an aggressive and extremely painful terminal lung cancer that is caused by exposure to asbestos.

FIGHT FOR JUSTICE: Gerry Blinston, above left, as his colleagues would have remembered him during his days working at Caravans International Ltd. Above right, a more recent photo

Mrs Blinston said: "Although we were fortunate we were able to look after him at home, it was obvious how much pain he was in and despite four bouts of chemotherapy he sadly succumbed to his illness last month."

Mrs Blinston said her husband was exposed to asbestos at work throughout the 1960s, 70s and early 80s.

She said: "In 1963, Gerry started working for a company known as Sprite Caravans which employed about 200 people at The Oaks, Fordham Road in Newmarket.

"Shortly after he joined, the firm merged with the Eccles caravan company and became known as Caravans International Ltd."

Mr Blinston's family say that despite the fact Mr Blinston and his colleagues handled asbestolux boards and were exposed to asbestos dust every day, no-one ever warned them about the dangers of working with asbestos.

Mesothelioma and other asbestos-related cancers can take anywhere between 20 and 60 years to develop following exposure.

The family are keen to hear from anyone who worked with Mr Blinston at that time.

Please call Andrew James, at Fentons Solicitors LLP, on 0844 893 6702 or e-mail *andrew.james@fentons.co.uk*.

What do YOU think?
Email us at editorial@newmarket-news.co.uk or visit www.newmarket-news.co.uk

ON THE MONEY: Mayor George Lambton, centre, and Credit Union volunteers, from left, Cllr Joy Uney, Cllr Mick Jefferys, Tony Hodge and Claire Turner

Credit union opens its doors to help people save cash

PEOPLE with money problems can get a helping hand with their finances at a credit union.

The Ipswich and Suffolk Credit Union has opened a branch at The Stable, in Newmarket High Street, after moving from Brough Scott community suite, in Bill Rickaby Drive.

The service helps people with poor credit histories with savings accounts, loans, pre-paid debit cards and loan plans for child benefit recipients. The credit union is supported by organisations such as Newmarket Town Council and Newmarket Churches Together.

Cllr Joy Uney said: "It will help to stop loan sharks and enable people who have had difficulty with normal high street finance to find stable banking."

The credit union is open Tuesdays from 1pm to 3pm.

» in brief

Device found

A SKIMMING device has been found on a cash machine in Newmarket.

Police found the device and a camera on an ATM in Fordham Road, at 8.30am on Thursday after a member of the public went to withdraw cash.

Anyone who witnessed any suspicious behaviour at the ATM is asked to call police on 101 or Crimestoppers anonymously on 0800 555 111.

Motorbike fall

A 12-year-old was taken to hospital after falling off a motorcross bike.

Paramedics attended the incident in Chippenham Road, near Newmarket, just before 1.30pm on Saturday.

The boy suffered a dislocated knee and was taken to West Suffolk Hospital by ambulance.

His condition is not thought to be serious.

School 'lottery' for town pupils

■ LIZZY BUCHAN

SCHOOLCHILDREN are at the mercy of a "catchment lottery", say parents behind plans to open a free school in Newmarket.

The group of educationalists have come together to propose building a free school in the town after concerns there was not enough choice for parents for their secondary education.

Roger Courtenay-Barrow, of Freckenham, has got behind the campaign after feeling he wanted more choice for his daughters Amy, 9, and Scarlett, 5, who attend Moulton Primary School.

He said: "This gives us more choice and an opportunity to look at something that is new, that is fresh and hopefully inspiring if we can get it off the ground."

Newmarket's position on the boundary between Suffolk and Cambridgeshire means children are at an unfair disadvantage and forced to travel to Cambridge or Bury St Edmunds, said Mr Courtenay-Barrow.

Another parent Claire Coe, whose 9-year-old son Alex attends Ditton Lodge Primary School, said: "I believe Newmarket parents should have a choice rather than this catchment lottery."

One of the project's first members Di Carroll, whose daughter Ella, 10, is a pupil at Ditton Lodge Primary School, said: "Some people are concerned we are setting up a school from nothing and just finding our way but the team who are doing this are extremely experienced."

Amongst the team working on the project are headteachers and former school inspectors.

The free school will accept 120 pupils per year and will be fully regulated under Ofsted.

Julie Taylor, project lead, said: "We need as much support as possible, particularly from parents of Year 5 children. We need parents to understand this project will only succeed if they support it.

"We want parents involved throughout, when we say community we mean community."

Free schools exist outside of local authority control, so the team have decided on a rigorous academic curriculum, as they believe vocational subjects are already well catered for in the town.

Consultations will be held for parents on April 26 at 7pm at The British Racing School in Snailwell Road, or April 27 at 11am at the Heath Court Hotel in Moulton Road.

Go to www.newmarketfreeschool.co.uk to find out more.

What do YOU think?
Email us at editorial@newmarket-news.co.uk or visit www.newmarket-news.co.uk

in brief

Opening stopped

DUE to unforeseen circumstances the grand opening of Cadillac Jacks, in Mildenhall, has been postponed.

The new American-style restaurant had been due to open its doors yesterday at the site of former White Hart pub, in High Street.

It will remain closed until further notice.

Cameo Club

RUSSIA will be the subject of a talk next week.

Barbara Hardwick will address members of the Newmarket Cameo Club on April 23 at 8pm at the St John's Ambulance Headquarters, at Newmarket Hospital, in Exning Road.

New members are always welcome.

Call Janice Mowl on (01638) 603349.

TODAY ONLINE
Fashion news

Visit Fashion at
newmarket-news.co.uk

READY FOR ACTION: Derek Thompson shows his skills with a tennis racket, watched by representatives from Stetchworth Parish Council, East Cambridgeshire District Council and Suffolk County Council. Right: Derek Thompson, centre, cuts the ribbon, with Roy Swain, chairman of trustees at the Ellesmere Centre and Lily Whymer, Stetchworth Pairsh Council chairman. Pictures by David Johnson

More pictures online at
newmarket-news.co.uk

Sports facilities saved by grant

VILLAGERS celebrated as a much improved multi-use games area was opened to the public after being saved from closure.

The ribbon was cut on the new facilities at the Ellesmere Centre, in Stetchworth, on Monday after the tired pitches were awarded a £34,800 funding boost from the National Lottery earlier this year.

Stetchworth Parish Council was one of 24 organisations in the region to receive a share of the £14m Inspired Facilities fund set aside for grassroots sport as a legacy of the London Olympics last year.

The fantastic new facilities were opened by racing commentator Derek Thompson.

Lily Whymer, chair of Stetchworth Parish Council, said: "A lot of people who have been using the pitches had stopped because the surface was so bad.

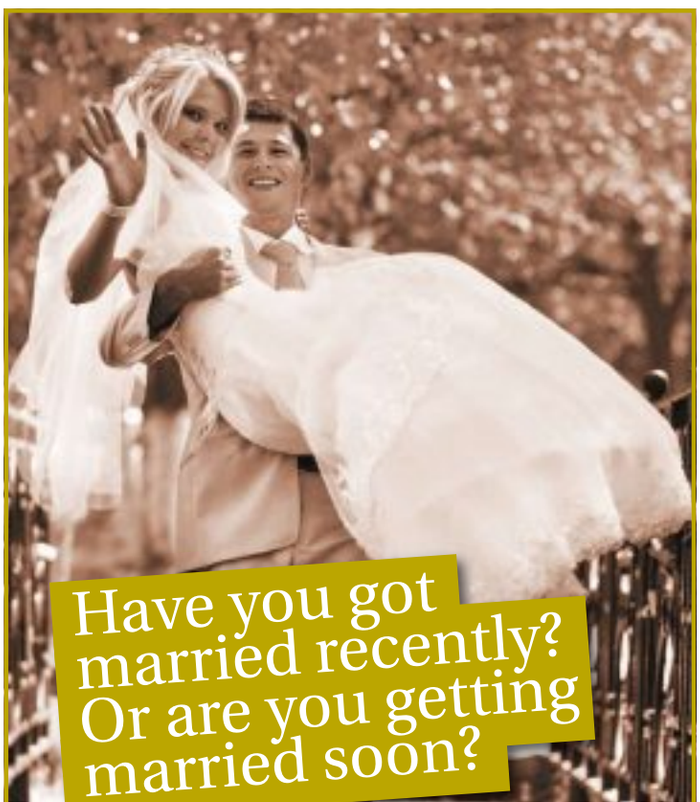
"It nearly got to the stage where if we hadn't had this funding we would have had to close so getting the funding was a real coup."

The work cost £55,000 to complete so the remainder of the money needed to smarten up the pitches was taken from the Ellesmere Centre's 'sinking' fund, which was set up 18 years ago when the centre was built.

The pitches have been given a new astro turf surface suitable for playing on in all weather conditions.

There are also new goals set in recesses on the pitch so the post do not have to be moved when the pitches are used for tennis.

The Ellesmere Centre will bear a London 2012 Inspire mark to remember the games.


Have you got married recently? Or are you getting married soon?

A local high quality bridal publication is looking for real life weddings to feature in their new magazine.

We're particularly interested in local people that have been married in Cambridgeshire, Hertfordshire and Essex.

If you would like your big day to feature in our forthcoming issue please contact our publishing team on 01582 390350 for further details.

Homes raided in drugs crackdown

POLICE raided homes in Newmarket and Haverhill as part of a crackdown on drug dealing and burglaries.

Armed officers assisted at the raid in Newmarket last Wednesday.

Following reports of drug dealing in the town, a 24-year-old man from London was arrested on suspicion of possession of class A drugs with intent to supply. No charges were made but he was wanted for offences by the Metropolitan Police and detained on a warrant to be transferred to London.

A 54-year-old man from Haverhill was arrested on suspicion of possession of class B drugs for which he received a caution.

The raids were part of Operation Drawbridge.

RAID: Police enter a house in Haverhill as part of the raid on drugs and burglaries last week

ON THE BALL: Jordan King, of Newmarket Leisure Centre, and goalball player Julie Bennett, who lost her sight three years ago during a routine operation. Right, Julie in action.

‘I missed playing sport – then I found goalball’

■ LIZZY BUCHAN

A FORMER PE teacher is calling on people to join a sports team for the visually impaired set up after she lost her sight.

Julie Bennett, 54, went into hospital three years ago for the removal of a tumour on the pituitary gland of her brain but complications with the surgery left her completely blind.

She said: “It was totally unexpected. It was a routine operation and I was told I would be out in a week.

“I was a teacher, teaching general PE and dance so it was a bit of a shock not being able to play sport.”

Since losing her sight Julie has remained fit by going to the gym and swimming but she said she really missed being part of a team as she had to stop playing hockey for Newmarket Ladies after the operation.

As founding member of Newmarket Visually Impaired People’s (VIP) Action Group, which campaigns to improve facilities for blind and partially sighted people, Julie set about looking into what sporting facilities are accessible to blind people.

With help from the charity Sensing Change, Julie found out about goalball, a sport designed primarily for blind athletes, where teams of three compete to score goals using a large ball, similar to a basketball, with bells inside it.

Blindfolds are used so partially sighted people and fully sighted people can play without undue advantage.

Julie is one of three players on the Newmarket team, which is one of only two teams in Suffolk.

She said: “I like playing it because I miss playing sport so much.

“It seemed like the best sport available to me and I missed the team spirit and strategic side of the sports I used to play.

“Goalball has really filled the void, it is a really fun game.”

The team are hoping to recruit new members to allow them to raise their game and want to emphasise that anyone can play as long as they wear a blindfold.

Each session is led by a coach so complete beginners are welcome.

The Newmarket goalball team trains every other Thursday at 5.30pm at Newmarket Leisure Centre in Exning Road.

Anyone interested in joining the team can call Julie on (01638) 665477 or Jordan King at the leisure centre on (01638) 782500.

Week-long police campaign will target speeding motorists

MOTORISTS are warned to watch their speed as police launch a week-long enforcement campaign.

Officers from Suffolk and Norfolk police are carrying out checks across both county’s roads until Sunday, April 21, as part of a Europe-wide initiative.

Chief Insp Chris Spinks, head of the Joint Roads Policing Unit, said: “Speed limits are in place for a reason, to reduce casualties and keep our roads safe for everyone.

“Sadly many drivers see them as simply an inconvenience, but they are there to save lives.

“Drivers who speed are more likely to be involved in a collision, causing damage and disruption at one end of the scale to serious injury or death at the other.”

Speeding is one of the ‘Fatal Four’ driving offences, according to police, along with drink driving, using a mobile phone and not wearing a seatbelt.

Motorists caught speeding will face a £60 fine and three points on their licence, or may have the option to complete a Speed Awareness course.

Under certain circumstances drivers could face disqualification from driving.

1,100 motorists were caught during the campaign last year.

» in brief

Rubbish torched

ARSONISTS torched an area of grass and rubbish measuring 20m by 50m.
Crews were called to the blaze at Sedge Fen just before 3pm on Wednesday.
The cause is believed to be deliberate.

Coffee morning

BURWELL WI is holding a charity coffee morning on April 19 at 10.30am at Burwell Ex-Serviceman’s Club.
The money raised will go to the Over 80s parcels project which distributes Christmas parcels to elderly people in the village.

Watch a film

WATCH *Hope Springs* in Newmarket.
The screening will be on April 21 and 22 at 7.30pm at the Stable, in High Street.
Call 07756853714.

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Newmarket News

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At the same time, we are constantly looking to improve our title and are always happy to hear from you with suggestions and comments.
If you have any feedback for us then please contact the relevant person or people listed below.

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A Morrisons would be better for other traders

AS a Newmarket resident who cycles or walks the majority of the time, a Morrisons makes sense to me.

Its size, location and focus on foods will give the shops in the town a better chance of surviving and encourage other retailers to the town centre.

David Hill
Edinburgh Road
Newmarket

Come and join our football club

I WOULD like to thank Mark and Neil for all the effort they put into running the Kennett Youth Football Club.

Training returned to Kennett this week, and is held on Tuesdays at 6pm.

The tournaments are a fantastic experience for the children. My son started at the age of five and loves it and cannot wait to start training again now it is warmer.

Anyone is welcome; it is a lovely atmosphere for the children to gain team experience.

Well done Mark and Neil – keep up the good work.

Janet Harris
Moulton

Please help me find my Elvis . . .

HAVE you heard about the local campaign to find my cat, Elvis? The people of Newmarket have been amazingly helpful and kind by keeping an eye out for him and reporting to The Pet Detectives if they think they may have spotted him.

The volunteers at Cat-Aholics have also been extremely kind in helping to look for him and deliver over 1,000 leaflets.

Elvis went missing from my home in Croft Road, Newmarket, in the early hours of New Year's Day. He is extremely affectionate and friendly. He will be six years old tomorrow.

Sadly, despite numerous sightings of dark grey cats which I have followed up, none have turned out to be Elvis.

I still feel he has survived the awfully cold weather and that some kind soul has been looking after him, not realising that his owner is desperately trying to find him.

Luckily he is micro-chipped so he can easily be traced back to me if he is taken to any local vet or cat charity.

With so many kind people helping me in my search and willing me to find Elvis I remain hopeful that we will be reunited.

I want to remind the animal lovers of Newmarket that there is a heartbroken cat owner still desperately searching for her beloved cat.

Any information at all could prove to be the vital clue to track him down and I would ask that people contact The Pet Detectives in confidence on 01483 278259 if they feel they can help.

AFFECTIONATE: Elvis has been missing since New Year's Day

Francesca McMahon
Croft Road
Newmarket

Your Community

Tell us what's happening in your community. Reports from clubs, societies, reviews of local productions, your pictures... we want to see it all! Write to Newmarket News, 15 High Street, Newmarket, CB8 8LX or email editorial@newmarket-news.co.uk

>> Mildenhall

■ Fine Farmers Market
The monthly Farmers' Market in the Mildenhall Jubilee Centre proved a tremendous success.

The next Craft Fair will be held on the first Saturday in May, starting at 10am.

■ Thursday Club Defy The Cold
Despite the bitter cold, members of the Beck Row Thursday Club had a highly successful final 'outing' of the current year to Ely, followed by an afternoon session at the Horningsea Garden Centre.

The next meeting is the Annual General Meeting in the community centre in Lamble Close on Thursday, April 18. There reports will be given (notably on the audited accounts) and elections held for the clubs officers and committee for the next year.

It is known that three current members are set to stand down from their posts, with other vacancies also likely to have to be filled. However, it is always arranged that the meeting after (on May 2 in this case) is always set up by the ongoing committee, this time for a foray into Essex, ending up on Clacton-on-Sea.

John Barker

>> Isleham

■ Heartbeat Health Walk
The Heartbeat Health walkers continue to meet at the church each Monday morning.

They depart from the church at 10am and walk for about an hour. The routes are varied depending on the weather. Last Monday the leader was David Clarke who took the group on a scenic route of about three miles. Refreshments were enjoyed together afterwards.

■ Over 60s Club
On Friday, April 12, a quiz was organised by Ruth Ginn. Peggy Gibbon gave out the notices and Vera Seal organised the raffle. Refreshments were served.

■ Soham The Fen and Barway WI
President Sheila Knight and Jenny Langley welcomed members and guests to the meeting in Millbrook House.

The business of the evening was dealt with which included the forthcoming Annual Council meeting at Comberton on April 29th. The speaker this year is Miranda Krestovniff, who appears on TV on the One Show and Coast. Several of the members were interested in going to this meeting. The evening's speaker was Lou Littlewood who demonstrated making and decorating cards.

The speaker at the next meeting will be Val Stallard "Holiday in Kenya".

■ Soham Bowls Club
A very successful family prize bingo was held in the club room recently, raising £280 for club funds.

Carolyn Fordham was the caller assisted by Alison Fitt checking the books. There were several children with adults and also players who had never played bingo before. Thanks are extended to everyone who had donated the prizes.

The next event will be a coffee morning on Saturday, with a variety of stalls, tombola, cakes, jumble, books etc. On the same day the green will open and non members will be invited to try their hand at bowling.

■ Phoenix Club
Janet Lewis welcomed everyone and introduced Meredith Hudson who demonstrated making jewellery.

The raffle was organised by Jill Powley and refreshments were served. Jannice has organised an outing to Lavenham on June 19th. The speakers at the next meeting on May 8th will be Mary and Peter Ashman.

■ Scrabble Club
Members of the club met at the Soham library last Thursday.

Eleven members enjoyed games of scrabble. Refreshments were served during the afternoon.

The next scrabble meeting will be on Thursday 25th April at 2.30pm to 4.30pm all welcome.

Yvonne long

Villagers revive old play area

VILLAGERS have rallied round to revive a scruffy play area.

More than 50 volunteers from West Row gave up their Saturdays to install the equipment themselves after Forest Heath contributed £7,800 towards the project.

The savings on labour meant more equipment could be purchased.

Michael Peachey, chairman of West Row Village Hall and Playing Fields Association, said: "We had held some money in reserve at the start of the project in case we needed to pay for labour, but the support in the community has been overwhelming and exceeded what we could have hoped for."

FOLLOW LIZZY BUCHAN ON TWITTER and get the latest updates on decisions that affect YOU @lizzybuchancn

It's ladies' night for charity fundraiser

GIRL POWER: Sharon Crocker, of Haverhill, Heidi Winch, of Bures, Anna Fletcher, of Bury, Jennifer Smith, of Bury, Janet Groom, of Fornham St Martin, and Helen Silver, of Bury prepare for the fifth Girls Night Out walk

HUNDREDS of women will don their pyjamas and take to the streets for a moonlit walk – and they want you to join them.

St Nicholas Hospice Care has organised its fifth annual Girls Night Out on September 14, where women of all ages join forces to walk 11.2 miles or six miles around Bury St Edmunds to raise money for the hospice.

Georgina Carr, hospice community fundraising manager, said: "We hope to see as many women from Newmarket as possible to ensure the fifth Girls Night Out is the biggest birthday party the hospice has ever organised. Please sign up for the walk, bring your friends and your party spirit."

Last year 700 women took part in the walk and raised £100,000 for the hospice charity, which provides end of life care to people in West Suffolk.

Registration costs £15 or £10 if you sign up before May 31.

To sign up go to www.stnicholashospicecare.org.uk or pick up a form from one of the charity shops.

Hammer wielding intruder avoids jail

■ LIZZY BUCHAN

A MAN who attacked a couple at their home with a hammer has avoided a prison sentence.

Carl Sweeney, of Stamford Street, Newmarket, accused the couple of stealing from him before attacking them with a hammer concealed in his shirt, Ipswich Crown Court heard on Thursday.

Sweeney, 31, pleaded guilty to offences of assault, assault causing actual bodily harm and possession of an offensive weapon in a public place.

Prosecutor Michael Crimp said the woman who answered the door at an address in George Lambton Avenue on January 8, was subjected to a "flying kick."

Sweeney had made the allegations before he produced a hammer from inside his top with which he struck the woman on the hand as she struggled to close the front door.

During the incident Sweeney said to the woman: "I'm going to kill you if its the last thing I do." Mr Crimp said the woman was very frightened and had genuinely feared for her life.

Sweeney also struck the woman's partner with the hammer near his eye and on the back of his head, causing him to briefly lose consciousness.

Mr Crimp said the hammer was eventually knocked from Sweeney's grasp and the man was able to get the door closed. The man told police the incident was entirely unprovoked.

Defending, William Carter alleged there had been an "immense" amount of history between Sweeney and the woman's partner and Sweeney had "simply snapped."

He said the attacks had been out of character and there was little chance of Sweeney offending again.

Judge John Devaux said he accepted Sweeney felt he had a genuine grievance but said his behaviour had been aggravated by taking place at the victim's home and involving a weapon.

Sweeney was sentenced to a total of 28 weeks imprisonment suspended for 12 months with a supervision requirement.

Woman arrested after break-in at town firm

A WOMAN has been arrested following a break in at a business premises.

Police were called at 6.10pm last Tuesday evening to reports that the glass door of a business premises in Wellington Street, Newmarket, had been smashed in.

Nothing was taken but a search was made of the premises.

A spokesman for Suffolk Police said: "There was a smashed window in the door and they entered that way.

"Some damage was caused inside the property but it doesn't look like anything was stolen."

A 27-year-old woman from the Newmarket area was arrested and taken to Bury St Edmunds Police Investigation Centre.

She was released on bail to return to the same police station on May 15.

If anyone witnessed the incident or has any information about the break in they should call police on 101.

Alternatively, call Crimestoppers anonymously on 0800 555111.

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Family Announcements

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Birthdays

Ian Aitken

Happy 50th Birthday Daddy

Lots of love
Alex

Deaths

BEAUCHAMP. Gerald (Gerry) of Newmarket, passed away peacefully at West Suffolk Hospital on Friday, 5th April, 2013, after a short illness. Very much loved dad, dad-in-law, grandad and great-grandad. Funeral service to be held at Cambridge City Crematorium (West Chapel) on Thursday, 18th April, at 12.00noon. Family flowers only please, donations if wished to be made payable to The National Deaf Children's Society (NDCS) c/o Southgate of Newmarket Funeral Directors, 25 Duchess Drive, Newmarket. CB8 8AG.

Remember and share your thoughts of a loves one or friend with your personal entry.

Sign the guest book at: www.cambridge-news.co.uk/announcements

To leave a message of condolence please visit Announcements on our website.

Acknowledgements

Katie Frost

The family of the late Katie wish to thank everyone for attending her funeral and celebrating with them her long life, well and faithfully lived, also for their generous donations of over £600 for MAGPAS in her memory. Please accept this as an acknowledgement of our sincere gratitude and thanks.

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MARATHON EFFORT: Matt Mancini, Colm Sharkey and Amanda Millar will run the London Marathon for Racing Welfare

Racing trio will hit the track for marathon

THREE racing workers will swap the gallops for the running track to raise money for Racing Welfare.

Matt Mancini, director of the New Astley Club, Colm Sharkey, who works for BBA Ireland Bloodstock and Amanda Millar, receptionist at the National Stud, will all don their trainers for the London Marathon.

Matt said: "I see at first hand the benefit of the work done by Racing Welfare. I feel the least I can do is to generate funds to continue to support this great cause."

Colm said: "I am making a living from my passion and want to give a little back."

Amanda, who has suffered a stress fracture in her foot, said: "I have been advised to restrict my training to swimming and cycling, so with a bit of grit and determination and only moderate lameness, I will make it across the finish line on April 21."

To sponsor the trio go to www.justgiving.com/Matt-Mancini, www.justgiving.com/Colm-Sharkey1 and www.justgiving.com/Amanda-Miller4.

Cast your votes for new councillors

■ LIZZY BUCHAN

ELECTION day is drawing near and time is running out to make your mind up who to vote for.

Voters will hit the polling stations on May 2 to elect their representatives in the Suffolk County Council elections.

This week, we put the spotlight on Newmarket and Exning ward, currently represented by Conservative councillor Bill Sadler.

There are five candidates standing.

Bill Sadler is a town, district and county councillor. He has arranged street meetings in Freshfields, Houldsworth Valley and Scaltback estates to help residents meet the people representing organisations that spend council tax.

He has worked to address issues such as the derelict Queensbury Lodge site, and the collapse of the market.

Labour candidate Michael Jefferys is a town councillor, a district councillor and a former assistant principal at Newmarket College.

Amongst his promises are a pledge to support the regeneration of the High Street, lobby for a new youth club after the closure of Foley House and address the lack of childcare places if elected.

Standing for the UK Independence Party (UKIP) is David Hudson.

He represents St Mary's ward on Newmarket Town Council and is a self-employed tradesman.

Also standing is independent candidate Simon Cole, who was spokesman for the Exning Action Group which fought against the plans to build 120 homes in the village earlier this year.

The final candidate is former district and town councillor Ian Radford, who hopes to win votes for the Liberal Democrats in the election.

To find out more go to www.electoralcommission.org.uk.

Next week there will be a round up of the candidates standing in Newmarket and Red Lodge ward.

The week after that we will focus on Mildenhall and Row Heath.

Have your say
Comment on this story at newmarket-news.co.uk

Bottoms up for landlord's prize ale

A BOUTIQUE hotel has been awarded top marks for its cask ales after an unannounced inspection from a national body.

The Bull Inn, in The Street, Barton Mills, can drink a toast to its own success after a recent visit from Cask Marque.

The independent body assesses and monitors pubs and licensed premises across the country for the quality and consistency of their real ales.

An inspector visited the award-winning hotel recently and sampled a range of ales, each of which scored 20 out of 20.

Wayne Starling, owner of The Bull Inn, said he was very pleased to have been recognised by Cask Marque.

Mr Starling said: "We are over the moon with the result, we have a very solid base of real ale regulars and it's important that they get a consistently good pint each and every time they choose to come in and spend their money over our bar."

The prestigious award is not the first gong the hotel has won.

The Bull Inn also won 'Best Small Hotel of the year' from Suffolk Tourism in 2012 while owner and manager Cheryl Hickman has recently been nominated as 'Licensee of the Year'.

To find out more about the The Bull Inn, including opening times and menus, go to www.bullinn-bartonmills.com or call (01638) 711001.

TODAY ONLINE
Green living

Visit Homes & Gardens at newmarket-news.co.uk

HOME NEEDED: Dodger

Help to find a home for unlucky Dodger

A RESCUE dog who was given the gift of sight by specialist vets is looking for new owners.

Dodger, a Staffordshire Bull Terrier, was picked up by the RSPCA after his owner was caught hitting him and the footage was posted online.

The dog was discovered to be completely deaf with severe cataracts in both his eyes, making him almost entirely blind, but vets at the Animal Health Trust (AHT), in Kentford, performed life-changing surgery to restore his sight.

Dodger was placed in a foster home but sadly had to return to RSPCA Block Fen after nine months.

Jackie Williams, centre manager, said: "Dodger was placed in a foster home because he doesn't cope well in kennels and he does become stressed.

"The last time he was with us he spent a lot of his time in our reception area as he seemed much happier and he just loves being around people." She added: "I really do not know why we have not been able to find a home for Dodger – it is just sad that given all he has gone through, he still just hasn't found a new loving home.

"He deserves it just as much as any other dog."

Dodger is deaf so he needs owners who can cope with his specific needs.

To find out more contact RSPCA Block Fen on 0300 123 0726.

After 20 years gathering dust, Lexa's first novel hits the shelves

LABOUR OF LOVE: Lexa Dudley, of Exning, had her first novel *The Whispering Wind* published by Matador on April 1

A CREATIVE grandmother has had her first novel published after the manuscript languished in a cupboard for more than 20 years.

Lexa Dudley, of Exning, penned *The Whispering Wind*, which follows Elise who escapes her violent marriage and finds love in Sardinia.

The Mediterranean island holds a special place in Lexa's heart as she has been visiting it since 1977.

She said: "I am so in love with the island I wanted to write about it.

"I actually wrote the book back in the 80s and then threw the manuscript in the cupboard as I realised I wasn't going anywhere with it."

Two years ago Lexa stumbled upon the manuscript and decided to completely rewrite it.

She said: "It was in my head for so long I felt I had to put it on paper."

The book was published on April Fools' Day, something Lexa described as a "good omen".

She is working on her second novel set in 19th century Sardinia but the plot is tightly under wraps.

***The Whispering Wind* can be pre-ordered on Amazon and is available as an e-book.**

To find out more about Lexa's work go to *lexadudleywriter.co.uk*.

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Ready, steady . . . bake!

ALICE RYAN

IT'S time to pull on a pinny and start scouring your cookbooks: Cambridge is staging its own version of *The Great British Bake Off* – and you could be a contender.

Open to amateur cake makers, the Cambridge Bake Off will see contestants go head to head in four rounds, culminating in a live final at the Big Day Out in Cambridge in July.

Taking place in partnership with our sister daily paper, *Cambridge News* and sister magazine the *Cambridgeshire Journal* magazine, the competition will challenge bakers to create a chocolate cake in the first round, a classic Victoria sponge in the second, a fruit and crème pastissiere confection in the third – and a show-stopping celebration cake in the final.

Organised by Eat Cambridge's Caroline Biggs and Cambridge Cookery School, and sponsored by TuckerGardner, the Bake Off promises to be the foodie event of the summer.

"So many people have a passion for baking, and we thought it was time they had chance to enter a competition along the lines of the TV show," says Caroline.

TIME TO BAKE: Do you have what it takes to create cakes like these?
Pictures by Debbie Wallwork

"We're looking for people who can show the judges they can not only bake a great cake, but also that they are passionate about what they do."

If you're over 18, have a CB postcode, have no formal catering qualifications (unless acquired more than 10 years ago), do not make your living from baking and can commit to all the judging dates (May 25, June 1, June 30 and July 6), you are eligible to enter.

All you have to do is email your name, address and contact number – along with a photo of one of your best homemade cakes, and a couple of lines explaining why you love baking – to *journal@cambridge-news.co.uk* by May 10.

Entries can also be posted to Cambridge Bake Off, c/o Cambridgeshire Journal, Winship Road, Milton, Cambridge, CB24 6PP.

■ Visit *www.cambridge-news.co.uk* and search Bake Off for the full application rules and find Cambridge Bake Off on Facebook and Twitter for regular updates.

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Old Scotch Indian spices up spring

Delicious fare: At The Old Scotch Indian.

ADVERTISING FEATURE

FOR Indian cuisine that stands out from the crown, treat yourself to a delicious lunch or an intimate dinner at The Old Scotch Indian.

Whatever the weather, a delicious spicy meal from the restaurant, in the Avenue, Newmarket, is sure to warm your spirits.

The family-run business has been serving up a storm for the last nine years with their home-cooked fare.

Tuck into a variety of signature dishes such as the mouthwatering squid jalfrezi, the misti lau chicken served with fresh pumpkin or the rupchanda fish.

More traditional curry fans will find a wealth of their favourite dishes such as bhunas, kormas, tikka masalas, vindaloos and an array of naans and rices.

There are a number of enticing offers to make your pennies go a little further, such as a three-course lunch menu for £5.95 and a five-course menu on Sundays for £9.95.

Takeaways are available with free delivery on orders over £15 or 15 per cent off your meal if you come and collect it.

Relax: Enjoy a meal at The Avenue, or order a takeaway.

If the sun is shining then diners can relax in the summer garden at the back of the restaurant and enjoy their dinner in a picturesque and peaceful setting.

The restaurant prides itself on its friendly and quick service so why not come down and try it for yourself?

The Old Scotch Indian is open from 12 noon to 2.30pm and 5.30pm to 11.30pm from Sunday to Thursday, while on Fridays and Saturday it is open from 12pm to 2.30pm and 5.30pm to midnight.

Visit 4 The Avenue, Newmarket, CB8 9AA.

For more information please call (01638) 663200, (01638) 663400 or go to *www.theoldscotchindian.co.uk*. Order a takeaway from *www.just-eat.co.uk* and search for The Old Scotch Indian.

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DELIGHTED: Topsy Bacon, leader of Beck Row pre-school, receives a community grant from Sainsbury's representatives Karen Alcock, left, and Tom Gower, right,

Support is in the bag for a village pre-school

GENEROUS shoppers did their bit for the environment and supported a pre-school at the same time.

Sainsburys in Mildenhall stepped in to help Beck Row Pre-School with a cheque for £295 from the supermarket's community grant scheme.

Topsey Bacon, leader of the pre-school, said they hope to spend the donation on a water tower in the school grounds.

John Smith, manager of Sainsbury's Mildenhall, said: "Our store is at the heart of the local community and it is important that we can do as much as we can to support it."

Mr Smith said: "When we heard about Beck Row Pre School, we were really pleased to be able to help out."

The Sainsbury's community grant scheme is funded by the sale of 'Bags for Life' to shoppers at the store.

Budget cuts mean less flying hours

LIZZY BUCHAN

FLYING hours will be reduced at RAF Lakenheath following steep cuts in defence spending.

The US Air Force (USAF) has 75 F-15 Eagle Squadrons stationed at its base near Lakenheath but it has emerged that two of the 48th Fighter Wing's squadrons was stood down from operations last week.

It is understood the USAF has begun grounding flights in response to the US Government's cuts on defence spending as the air force will reduce the budget for flying hours by $591m by the end of the fiscal year. This means that not all flying squadrons can be kept ready for combat.

A spokesman for RAF Lakenheath said: "During these measures the base will focus on maintaining the most capable and ready force possible within the current budget constraints. "To do so, it is implementing a tiered-readiness concept for the active duty force, where only units preparing to deploy in support of current operations are trained to be fully mission capable.

"As part of the concept, the local community will continue to see 48th Fighter Wing aircraft flying, although less frequently."

IN FLIGHT: But flying hours will be reduced following budget cuts

Personnel will continue their training on the ground using flight simulators and other training facilities before the cuts are reassessed on September 30.

The spokesman said: "Developing and maintaining relationships with international partners remains an enduring mission for USAFE-AFAFRICA and the 48th Fighter Wing, and that mission's significance is unchanged by the current budget challenges.

"Liberty Airmen will maintain the same presence at RAF Lakenheath and continue to take part in the local community."

Cllr Colin Noble, who represents Lakenheath for Suffolk County Council and Forest Heath District Council, said: "RAF Lakenheath is a very important part of our local economy.

"They take part in the community and a lot of people work for them at the base. It is always a concern when one hears about stories like this."

However Cllr Noble said he was not unduly worried it was part of a world-wide initiative rather than something only affecting RAF Lakenheath.

"In that respect we are going to have a quiet summer but it doesn't seem that there will be many changes.

"They are still investing in the area and there is building going on at RAF Lakenheath and RAF Mildenhall."

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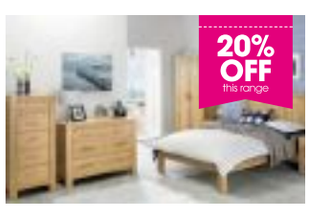

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Wellbeing in action

ADVERTISING FEATURE

THE excitement is building for the opening of the Wellbeing Warehouse this Saturday.

Whether you are suffering from an injury or illness, developing your fitness levels, reducing stress levels or trying to lose weight, the team of highly trained staff have the expertise to help you reach optimum health.

With a wide spectrum of classes including the highly popular Hot Yoga, people who are looking to get that little bit more from their workout will be thrilled.

Paula Ahlberg has created a centre where experts in their field can help people to reach optimum health. She believes the demands placed upon us in today's hectic lifestyle have never been greater and her classes aim to bring balance to the body and mind, which helps restore vitality.

Wellbeing Warehouse: With Paula Ahlberg, centre, are Hemantha, left, and Raschna Murphy.

The Wellbeing Warehouse is the first centre in the region to offer a range of up-to-date classes, plus a team of professionals who treat injuries and ailments.

Paula is an experienced Hot Yoga teacher, a dynamic class taught in a room heated to 37 degrees. The practice assists weight loss and detoxes the body ,as well as aiding recovery from sports injuries through creating greater mobility in joints. Hot Power Yoga and Hot Pilates are also available.

The Wellbeing Warehouse is also offering Pilates reformers in small groups. This eqiupment creates resistance through springs and pulleys, combining traditional Pilates with a dynamic workout.

Get your dancing shoes on for Streetfit, taught by Louise Keiller. The class provides the perfect blend of edgy dance moves and intense fat burning exercises to have fun while burning calories.

Achieve long, lean muscles like a ballerina with Ballet Barre fitness, a fusion of ballet moves, barre and floorwork, or book up for services offered by clinical specialist physiotherapist Steve Wilson, and Jennie Wilson, specialist paediatric physiotherapist.

To find out please come to the open day this Saturday from 10am to 5pm to view the brand new facilities.

Wellbeing Warehouse is based in All Saints Road, Newmarket, CB8 8HH. Email *paula@wellbeing-warehouse.com* or call (01638) 660065 for details.

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We'll always Race for Jemma

Laura Jenkins is looking forward to this summer's Race for Life in Cambridge. But when she first ran it, in memory of her beloved sister, it took immense courage to even complete the course. **Jane Redman** heard her story.

FAMILY STYLE: Laura with mum Wendy Jenkins and children Max and Charlie
Picture: Keith Heppell

WHEN Laura Jenkins first took part in Cambridge Race for Life at the age of 24, she feared she was going to give birth on the 5km route.

Heavily pregnant, Laura was suffering from agonising pain due to severe misalignment of the pelvic joints, a condition that meant she had to wear a special brace to hold her pelvis together.

But, armed with a pre-packed hospital bag and her medical notes, Laura struggled her painful way around the course – the last person to cross the finishing line.

Laura was determined to finish that 2009 race for one reason. Her adored older sister, Jemma, had lost her battle with cancer months earlier at the age of 26, leaving behind two tiny children.

The day after Jemma's funeral, Laura had discovered she was pregnant. It seemed like a gift from her sister: something positive to focus on in the midst of her terrible grief.

Every year since Jemma's death, Laura and her mum Wendy have taken part in Cancer Research UK's Race for Life in Cambridge. It is their way of taking something positive from the tragedy of losing such a young and beautiful daughter and sister.

"Jemma was just the most vibrant, wonderful and joyful person to be with. I miss her every single day," says Laura, now aged 28.

"She would light up a room with her personality and was very strong and independent, with a bit of a naughty streak! I remember she would get into trouble sometimes at school, but I still looked up to her and felt proud she was my sister. She was everything a big sister should be."

It was August 2008 when Jemma, mother to two little girls, Amber and Scarlett – then aged 4 and 2 – first started feeling poorly. She lost a lot of weight and lacked energy but her symptoms were put down to a virus. The family only realised something was really wrong when Jemma asked to stay with her mum for a while because she felt so ill.

"It was so unlike her. She was a really independent, strong-minded person, who lived her own life and coped on her own. She wasn't the type to go running home to mum, so we knew something was wrong," says Laura, who lives in Royston.

Wendy persuaded Jemma to go back to the doctor with her symptoms. She was given blood tests and in early September was called into Addenbrooke's for more tests.

Laura describes how she went around Tesco "in a kind of dream" buying gifts for her sister, thinking all the while they wouldn't be necessary because she would be home soon.

"They had mentioned the word leukaemia, but I convinced myself it was the worst case scenario. I didn't want to think that something as bad as that could happen. I didn't know then that Jemma would only spend one more day of her life at home," says Laura.

"I went to see her in hospital and she had put fake tan on because she didn't want her friends to see her looking so pale. She told us she had Googled 'white blood cells' because the doctors kept talking about them – and all that came up was 'cancer'. But she treated it as if it was a big joke, something that couldn't possibly be true."

The next day everyone had to face the truth: Jemma had a type of cancer called acute lymphoblastic leukaemia and needed immediate chemotherapy. The family was devastated.

Laura, a veterinary nurse, gave up her job instantly in order to help her sister. She moved into Jemma's house and looked after Amber and Scarlett while their mum was in hospital.

For four weeks Jemma had aggressive chemo. A hairdresser, she was distressed when she started losing her hair, but friends from Toni &

MUM: Jemma with her children, above left, and above right, a heavily-pregnant Laura at her first Race for Life with Wendy

Guy in Cambridge helped organise a more modern wig than those offered in hospital.

"The chemotherapy really took its toll on Jemma. When the hospital decided she could come home for the day one Sunday at the end of September we were extremely anxious for her safety and sterilised the whole house. But we were also very excited and wanted to make her visit really special," says Laura.

Knowing Jemma had always wanted a wood laminate floor in her lounge, Laura and partner Chris worked right through the night to lay a new floor before she came home.

"Jemma had a lovely day at home. We watched *Chitty Chitty Bang Bang* with the girls, and had ham, egg and chips at her request for lunch. In the afternoon Jemma made me and mum go out shopping. We didn't want to leave her, but we realised she needed precious time alone with her girls.

"She was supposed to be back in hospital by 6pm, but she dragged her feet and dreamt up reasons to delay. She couldn't bear to say goodbye to Amber and Scarlett and go back to hospital."

It was the last time Jemma saw her children. On returning to hospital her health rapidly deteriorated. Doctors initially thought it was a reaction to her chemotherapy drugs, or possibly shock. By the time blood tests revealed signs of meningitis, Jemma's condition had nosedived. She developed swelling on the brain and was rushed into intensive care.

With tragic irony, in the days spent battling for life in intensive care Jemma's cancer was discovered to be in remission. The chemotherapy had worked, but her battered immune system was helpless against the meningitis.

"I got a phone call from Mum, who was at Jemma's bedside throughout, telling me to come quickly to be with Jemma," says Laura.

"I'd been unable to visit as often as I would have liked because I was looking after Amber and Scarlett, so it was a terrible shock. I hadn't seen how much she had deteriorated in just a few days and I was still telling myself she was going to be OK.

"When I got to hospital I couldn't believe my eyes. Jemma was so poorly – covered in tubes, and very thin. I will never get the sight out of my mind.

"There was absolutely nothing the doctors could do. They couldn't operate because her blood was so thin. We just had to watch while my beautiful sister lost her fight."

On October 14, 2008, the family had to make the heartbreaking decision to switch off Jemma's life support machine.

"I held her hand in mine as she died, and our hands looked so similar. I felt as if a part of me had died too.

"I helped to wash her body and close her eyes. She looked beautiful and at peace, like an angel."

Laura says: "At Jemma's funeral we had *Over the Rainbow* sung by Israel Kamakawiwo'ole, because I thought it was so beautiful.

"As we left the crematorium a rainbow appeared in the sky. It felt like it was there especially for her.

"We can't bring Jemma back, but we can raise money for research to help other people. That's why Mum and I do Race for Life every year.

"My sister never saw my own children, Charlie (3) and Maxwell (1) but they will be in the double buggy doing it with us this year – for the Auntie Jemma they never met."

● To sponsor Laura and Wendy in this summer's Race for Life, visit *www.raceforlifesponsorme.org/wendyjenkins246*

Every hour, more than three people are diagnosed with cancer in the East of England.

That's why mums, daughters, sisters and friends of every shape and size are needed to join together as a formidable army and take on cancer at Parker's Piece in Cambridge on July 21.

Cancer Research UK's Race for Life, organised in partnership with Tesco, is an inspiring women-only series of events which raises millions of pounds every year to help defeat cancer by funding life-saving research.

Julie Braithwaite, Cancer Research UK's Cambridge event manager, said: "We really need ladies across the county to join Laura and enter Race for Life in Cambridge today. Together, we can hit cancer where it hurts!

"Race for Life is non-competitive. It doesn't matter how fit or fast you are. Taking part is about joining together against a disease that affects all of us. You can walk the 5k route, run it, jog it or even dance your way round. Please take the first step by signing up today."

To enter Race for Life today go to *www.raceforlife.org* or call 0845 600 6050.

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Labour Candidates

Labour Candidates

Chris Turner

- Candidate for Newmarket and Red Lodge
- Standing up for local people. Working for a better community.
- Will fight to improve the lives of working families.

Michael Jefferys

- Candidate for Newmarket and Exning.
- Continuing support to the regeneration of Newmarket as a shopping centre.
- To secure funding for a Drop-In centre for young people.
- Address the lack of child care places.

Vote Labour in the County Council Elections

Labour campaigners set out their political stalls

ADVERTISING FEATURE

MICHAEL JEFFERYS, Newmarket and Exning ward

Former teacher and councillor Michael Jefferys is looking to gain your vote in the Newmarket and Exning ward.

He has been a town councillor since 1999, a district councillor for the last two years and has twice been elected Mayor of Newmarket. Michael is a governor of Newmarket College and a former assistant principal.

As Labour's district councillor, Michael has campaigned for meetings for consideration of the supermarket application's to be held in public after Forest Heath District Council decided to hold the preliminary meetings in private.

He said: "I have urged the council to reconsider its position. It is so important that this vital decision about the future of Newmarket should be seen to be open and transparent."

If elected Michael will support the regeneration of Newmarket as a shopping centre, reduce the number of betting shops and lobby for a new cinema.

He pledged to try to secure funding for a drop-in centre for young people, after the closure of the youth club at Foley House and to address the lack of childcare places.

Michael said: "As your Councillor I will fight to improve the services and facilities in Newmarket."

CHRIS TURNER, Newmarket and Red Lodge ward

Chris Turner has promised to fight to improve the lives of working families, to stand up for local people and to work for a better community.

During his 10 years on Newmarket Town Council, Chris was chair of the committee which oversaw the £1.1m refurbishment of the Memorial Hall and has helped residents to establish 'No Cold Calling zones' in All Saints Ward, which he represents. He also held the position of Mayor between 2008 and 2009.

Chris said there are too many betting shops in Newmarket's High Street and promised to try to reduce their number.

He pledged to fight for more shops in Red Lodge as many residents feel they have to leave their local area.

As many people in Red Lodge are choosing to work from home Chris said he will fight to improve broadband.

As a primary school governor, Chris has used his knowledge to work with the Newmarket Youth Council and pledged to reopen the youth centre.

He said: "Economic growth and childcare needs are two areas the Tory-led county council have reduced. Women are being particularly hit hard and I will fight for better rights and more jobs in the local area."

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Millions seized as criminals forced to pay up

■ LIZZY BUCHAN

GREYHOUNDS, horses and even boats are amongst items seized by police in the region under the Proceeds of Crime Act (POCA) since it was introduced a decade ago.

Suffolk and Norfolk Police have recovered almost £16m worth of assets funded by crime since April 2003.

The act allows for the confiscation of property gained from criminal actions and aims to combat money laundering.

Det Insp Sean Coyne, of the joint Financial Investigation Unit at Norfolk Police, said: "The Proceeds of Crime Act is a very powerful tool which gives us the opportunity to target and tackle criminals, and make them pay for their crimes."

The two police forces began to collaborate on this after coming together to form a Joint Economic Crime Unit, operating across both counties in an effort to prevent criminals in Norfolk and Suffolk from benefiting from their behaviour.

Some of the most startling items which have been recovered by officers include live animals such as horses and greyhounds, as well as cash, property, boats, jewellery and an array of electrical goods.

Det Insp Coyne said: "Over the last ten years Norfolk and Suffolk Police have used POCA to great effect and we want to highlight the work that is being done in both counties."

He added: "As we move forward we will continue to target those individuals who cause the most harm in our communities, by stripping them of the profit they have made from their involvement in crime and reinforcing the message that crime does not pay."

Police have used the powers to seize assets funded by crime across a broad spectrum of activity, from drug trafficking, money laundering, counterfeiting, sexual exploitation and human trafficking, as well as more common offences such theft and robbery.

Earlier this month Luke Sheppard, 27, of Frampton Close, Newmarket, was ordered to hand over all his remaining assets after he stole £4,393 in cash and £1,2000 worth of gold from The Guineas shopping centre.

What do YOU think?
Email us at editorial@newmarket-news.co.uk or visit www.newmarket-news.co.uk

COMMITMENT: Tanya Seizer, Antoinette Still, Bill George, of Little Buds Nursery, collect a cheque from Aza Row and Sarah Norton, of Hastings Direct.

Little Buds in full bloom after insurance company's donation

TINY tots will have more room to play following a generous donation for their community centre.

Hastings Direct staff raised £472 for its new charity partner Little Buds pre-school through its annual staff survey.

The pre-school, based in Brickfields Avenue, plans to put the money towards the cost of building an extension for their community centre.

More than £6,000 has been raised for the project but there is still a long way to go before its completion.

Aza Row, who chairs the Hastings Direct charity committee, said: "This is the first of many donations for Little Buds as our staff are committed to supporting them."

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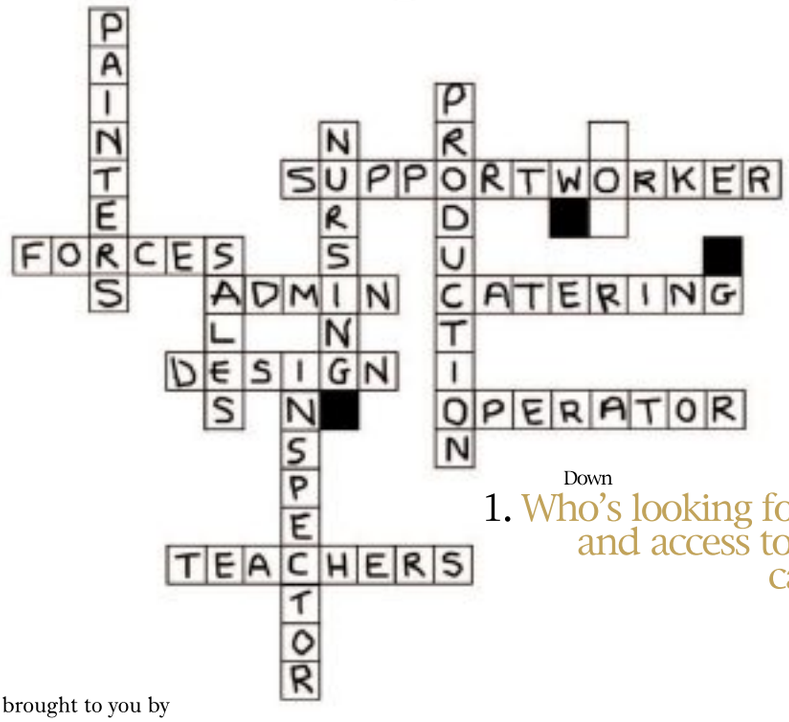

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LADIES SEEKING

HI I'm Amy, 60's medium build, varied interests, likes wildlife, music, seeking someone 65-70yrs to share the good things in life. **Tel No: 0906 500 3778 Box No: 404095**

ANNABELLE 30yr old slim attractive female looking for guy 18 plus for fun times. **Tel No: 0906 500 3778 Box No: 403941**

KATIE, sensual curvy figure, well educated, attractive and very adventurous, seeks male for initimate evenings in. Can accommodate, no strings, fun only. **Tel No: 0905 002 1956 Box No: 325325**

APRIL lonely, bored 21yr old, size 16, dark hair/eyes, confident, looking for kind, loving, broadminded male 35-50 who will like me for me. **Tel No: 0906 500 3778 Box No: 403931**

ANN petite Scottish lass new to the area looking for genuine love interest who likes children and will make me happy. Age/looks unimportant. **Tel No: 0906 500 3778 Box No: 403927**

50YR old black lady, caring, honest, slim, new to area, lonely, likes music, holidays, meals out, seeks honest, reliable gent, 60-65 to share good things in life, maybe more. **Tel No: 0906 500 3778 Box No: 403633**

68YR old lady, N/S, cuddly, 5ft 3ins, ash hair, green eyes, attractive, seeks male. **Tel No: 0906 500 3778 Box No: 403775**

KERRY, student nurse, just 19yrs. Very naughty girl! Call to hear what I've got to say, ACA. **Tel No: 0905 002 1957 Box No: 228864**

LISA 42, single parent, GSOH, caring, loving, honest, looking for relationship with male, 35-50. **Tel No: 0906 500 3778 Box No: 403653**

RETIRED lady, enjoys dancing, walks, reading, WLTM similar aged male for friendship initially. **Tel No: 0906 500 3778 Box No: 403477**

MATURE well-dressed lady, 5ft 7ins, kind, caring, loving, seeks N/S male who is also kind, caring, genuine, 65-75, likes meals out, nights in, walks, holidays for friendship/LTR. **Tel No: 0906 500 3778 Box No: 403525**

JOANNE 5ft, blue eyes, brown hair, seeking Tom Hardy lookalike, dark hair, likes music, walks, socialising, meals/night out. **Tel No: 0906 500 3778 Box No: 403309**

PETITE lady, likes gardening, cinema, travel, dancing, seeks N/S male, 40-50 with similar interests. **Tel No: 0906 500 3778 Box No: 265792**

CARING honest female, GSOH, seeking N/S male to share life with. **Tel No: 0906 500 3778 Box No: 402561**

KIND caring, loving female, 48, seeking male for romance, maybe more. **Tel No: 0906 500 3778 Box No: 393392**

LOUISA 36, dark blue eyes, wavy hair, pretty, seeks male. **Tel No: 0906 500 3778 Box No: 380033**

FEMALE 59, caring, honest, seeks N/S male, 50-63 to share life with. **Tel No: 0906 500 3778 Box No: 394358**

ATTRACTIVE female, 45, 5ft 3ins, likes pet, cooking, music, walks, seeks kind, caring, genuine male 40's for lasting relationship. **Tel No: 0906 500 3778 Box No: 402589**

BLUE eyed blonde, likes cinema, dancing, meals out, animals, N/S, seeks male. **Tel No: 0906 500 3778 Box No: 402541**

ALISON 54, widow, kind, likes days out, seeking male for friendship/companionship, meals out etc. **Tel No: 0906 500 3778 Box No: 401249**

BLUE eyed blonde lady, likes dancing, cinema, shows, GSOH, seeks gent, 62-67 for good times, maybe more. **Tel No: 0906 500 3778 Box No: 402101**

ATTRACTIVE young at heart lady, 73, 5ft 9ins, well travelled, OHAC, seeks similar gent for friendship/companionship, possible relationship. **Tel No: 0906 500 3778 Box No: 401893**

ANGELA 5ft 1ins, blonde hair, slim, outgoing, likes nights out, socialising, seeks laidback caring gent with GSOH for friendship, maybe more. **Tel No: 0906 500 3778 Box No: 401445**

YOUNG at heart lady, 68, GSOH, likes dining out, dancing, weekends away, seeks male of similar age, must be genuine. **Tel No: 0906 500 3778 Box No: 398855**

MARY Anne, attractive, blonde, blue/green eyes, tactile romantic, cultured, seeks similar male, 55-65 with GSOH. **Tel No: 0906 500 3778 Box No: 398703**

COUNTRY lady, 50, slim, fit, N/S, Christian, likes animals, motorsport, aviation, seeks likeminded, kind male, 49-60 for friendship, maybe more. **Tel No: 0906 500 3778 Box No: 249652**

LOUISE early 40's, seeks male, 45-5- for friendship, maybe more. **Tel No: 0906 500 3778 Box No: 398955**

JENNY 59, divorced, N/S, driver, likes most things, seeks male for friendship, maybe more. **Tel No: 0906 500 3778 Box No: 398407**

KAY blonde hair, blue eyes, 5ft 4ins, medium build, 60's, likes socialising, swimming, meals out, seeks tall male, 60-70 for friendship, maybe more. **Tel No: 0906 500 3778 Box No: 397329**

VERY strict large black female, 50's, seeks tall, solvent, educated, obedient man with good lifestyle for love and marriage. **Tel No: 0906 500 3778 Box No: 388443**

ATTRACTIVE slim lady, 57, no ties, nice quiet persona, seeks gent for interesting conversation, laughter and romantic happy future. **Tel No: 0906 500 3778 Box No: 391669**

HELEN 55, widow, kind, caring, GSOH, likes cinema, music, concerts, sports, seeks male. **Tel No: 0906 500 3778 Box No: 387587**

SHEILA widow, 69, WLTM genuine, caring, loving gent of similar age for LTR. Must be car owner and N/S. **Tel No: 0906 500 3778 Box No: 402867**

ATTRACTIVE lady, 72, looks/acts younger, seeks similar gent for nights out and cosy nights in. **Tel No: 0906 500 3778 Box No: 400871**

JAYNE 44 bored, underappreciated pretty blue eyed intelligent lady seeking fun and interesting professional in similar situation to me for discreet fun times. **Tel No: 0906 500 3778 Box No: 403011**

CLAIRE looking for adventurous male to live life to the max and enjoy adult fun times with. Go on give me a call. Any age. **Tel No: 0906 500 3778 Box No: 402993**

GILL 41, shy, lonely single country loving female with no ties, OHAC WLTM n/s genuine, confident male companion for friendship, maybe more. **Tel No: 0906 500 3778 Box No: 402799**

AMANDA 36yr old single female, blue eyes, curvy, really pretty with lovely smile, loves music, nights out, WLTM loving male for dates and hopeful ltr. **Tel No: 0906 500 3778 Box No: 402787**

JO 29 tall slim female who loves soaps, animals, shopping, being a mum and am looking for 40's male with GSOH who will appreciate a tactile, loving female. **Tel No: 0906 500 3778 Box No: 402765**

MEN SEEKING

GENUINE male young 49, OHAC, looking for female who enjoys BBQ, country pubs, seaside and much more. **Tel No: 0906 500 3778 Box No: 404089**

JOHN young 45 seeking female for lots of fun, maybe more. **Tel No: 0906 500 3778 Box No: 403915**

PETER 49yrs looking for relationship with lady willing to meet ASAP to help me move on. Must be car owner/driver. **Tel No: 0906 500 3778 Box No: 404041**

MALE 47, dark hair, blue eyes, smoker, looking for fun loving lady, 35-50 for fun and romance. **Tel No: 0906 500 3778 Box No: 403857**

SUCCESSFUL businessman seeks passionate larger lady to be wined/dined and treated to exotic holidays abroad. **Tel No: 0906 500 3778 Box No: 403783**

KIND caring male, 48, likes cinema, meals out, concerts, travel, seeks loving lady, 38-54 with similar interests for LTR. **Tel No: 0906 500 3778 Box No: 394658**

RETIRED male, likes socialising, pubs, music, car boot sales, seeks female with similar interests. **Tel No: 0906 500 3778 Box No: 403547**

MALE 47, dark hair, blue eyes, smoker, looking for fun/loving lady, 35-50 for fun and romance. **Tel No: 0906 500 3778 Box No: 403709**

PETER 69, WLTM mature lady for discreet relationship. Hertfordshire. **Tel No: 0906 500 3778 Box No: 403661**

KIND male, 48, enjoys cinema, meals out, live concerts, travel, seeks loving lady, 38-54 for LTR. **Tel No: 0906 500 3778 Box No: 394634**

MALE 33, GSOH, nice personality, smart, seeks female, 25-35 for friendship/relationship. **Tel No: 0906 500 3778 Box No: 403529**

SINGLE male, 53, seeks lady, 55-65 for good company and possible relationship. **Tel No: 0906 500 3778 Box No: 403475**

MALE 48, slim, active, seeks female, any age for friendship and more. **Tel No: 0906 500 3778 Box No: 403355**

RICARDO romantic, faithful, 39, OHAC, dark hair, blue eyes, seeks passionate female for loving relationship. **Tel No: 0906 500 3778 Box No: 403229**

SINGLE male, 39, seeks female, 28-44 for fun, love, kisses and good times. **Tel No: 0906 500 3778 Box No: 403135**

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Feature Homes - page 35

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Meadow Croft stands in an idyllic setting surrounded by paddock land and open countryside. Constructed in brick and flint under a pantiled roof, the property is believed to date from 1850. EPC: F

Exning **£159,950**
A beautifully presented 2 bedroom end of terraced Victorian House standing in sought after Laceys Lane. Features include 2 reception rooms, a modern fitted kitchen & a converted loft space. NO CHAIN. EPC: E

Newmarket **£405,000**
An impressive individual detached house standing in a highly regarded location South of the town centre. Rarely available - NO CHAIN. EPC: E

Newmarket **£120,000**
A 2 bedroom mid-terraced bungalow forming part of a popular development situated about 1 mile North of the town centre. AN EXCELLENT FIRST PURCHASE OR BUY-TO-LET OPPORTUNITY. EPC: E

Dalham **£385,000**
A 3 bedroom detached flint and brick period cottage delightfully located in the heart of the village close to the brook and the public house and with aspect to the rear over countryside. EPC: E.

Wingfield **£460,000**
An elegant detached Victorian residence delightfully situated in a semi-rural hamlet on the Norfolk/ Suffolk border. EPC: F

West Row **£410,000**
An individual 4 bedroom detached house with a self-contained 2 bedroom annexe situated in a non-estate location close to the village centre. VIEWING ESSENTIAL. EPC: D

CAMBRIDGE **NEWMARKET** SAFFRON WALDEN ELY HAVERHILL ST IVES LONDON 01638 663228

01638 663228
cheffins.co.uk

Cheffins

Newmarket **£565,000**

A beautifully presented 4 bedroom detached house forming part of the exclusive Duchess Park development. The property offers impressive accommodation with the advantage of gas fired central heating, a whole house audio system and Cat-5 wiring throughout. VIEWING STRONGLY RECOMMENDED. EPC: tbc

Newmarket **£430,000**

The Crows Nest stands in a secluded position ideally situated just 1/2 mile South of the town centre. The property was built in 1928 by the Earl of Sefton & includes 3 reception rooms, 5 bedrooms & 2 bath/shower rooms. The accommodation retains many of the original features including leaded windows, high ceilings & open fireplaces. EPC: E

Isleham **OIRO £320,000**

Lark Barn is an individual 4 bedroom period barn conversion situated in a non-estate location on the edge of the village. The property features a stunning open plan living/dining room with vaulted ceiling and glazed aspect, a well equipped fitted kitchen/breakfast room and a master bedroom with ensuite bathroom. EPC: C

Dullingham **£625,000**

An individual 5 bedroom detached house standing in an outstanding location with the advantage of a large rear garden and far reaching views over paddocks. The property has been extended and improved over recent years and now provides impressive family accommodation in a truly stunning setting. EARLY VIEWING RECOMMENDED. EPC: D

CAMBRIDGE **NEWMARKET** SAFFRON WALDEN ELY HAVERHILL ST IVES LONDON 01638 663228

DAVID BURR

CLARE

Newmarket 16 miles - Bury St Edmunds 16 miles

A substantial Grade II listed Georgian residence situated in one of the areas most desirable locations. 5 reception rooms, kitchen/breakfast room, orangery, utility, cloakroom, 5 bedrooms (1ensuite), 2 bathrooms and 2 shower rooms. Detached 3 bedroom cottage and mature gardens.

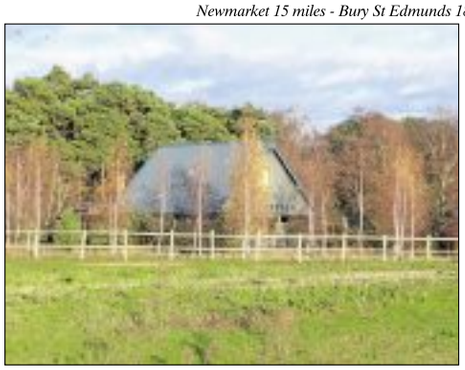
In all about 0.87 of an acre.

EPC Rating D

Guide £1,100,000

KENNY HILL

Newmarket 15 miles - Bury St Edmunds 18 miles



A detached Scandanavian chalet house situated in just over 16 acres of farmland and positioned down a country track. Sitting room, sun room, kitchen/dining room, breakfast room, cloakroom, shower room, 3 bedrooms and bathroom.

In all about 16 acres.

EPC Rating D

Guide £375,000

BULMER

Clare 7 miles - Sudbury 2 miles

An elegant Grade II Listed village house with generous west facing gardens. Sitting room, dining room, family room, kitchen/ breakfast room, utility/cloakroom, 4 bedrooms (1 ensuite), bathroom, driveway and gardens.

In all about 0.5 of an acre.

EPC Rating F

Guide £625,000

UPEND

TO LET

A charming 5 bedroom period detached property situated in a sought after village. Sitting room, dining room, kitchen, study, utility room, family room, cloakroom, cellar, 5 bedrooms (1 ensuite), off road parking and gardens.

TO LET £2,500 pcm

WICKHAMBROOK

TO LET

A substantial Grade II Listed 17th Century property situated in a rural location. Dining hall, drawing room, sitting room, library, kitchen/ dining, snug, utility, cloakroom and study. 5 bedrooms, shower room and bathroom. Stable block and paddocks.

In all about 5.2 acres.

TO LET £2,300 pcm

KIRTLING

TO LET

An attractive detached flint cottage situated in a quiet, rural location overlooking open countryside. Sitting room, kitchen/breakfast room, study/dining room, garden room, utility room, 2 bathrooms, 4 bedrooms, driveway and parking.

In all about 0.5 of an acre.

EPC Rating F

TO LET £1,650 pcm

rightmove.co.uk

www.davidburr.co.uk - Newmarket (01638) 669035

CASTLE HEDINGHAM ◆ CLARE ◆ LEAVENHEATH ◆ LONG MELFORD ◆ NEWMARKET ◆ WOOLPIT ◆ LONDON SW1

DAVID BURR

SNETTERTON

Norwich 22 miles - Thetford 10 miles

A substantial detached property currently operating as an award winning 5 star guest house. Reception hall, drawing room, garden room, dining room, kitchen/breakfast room, study, utility, cloakroom, 5 bedrooms (1ensuite), 3 bedroom annexe, gardens and car ports.

EPC Rating D

In all about 0.9 of an acre.

Guide £775,000

NEWMARKET

Bury St Edmunds 13 miles - Cambridge 13 miles

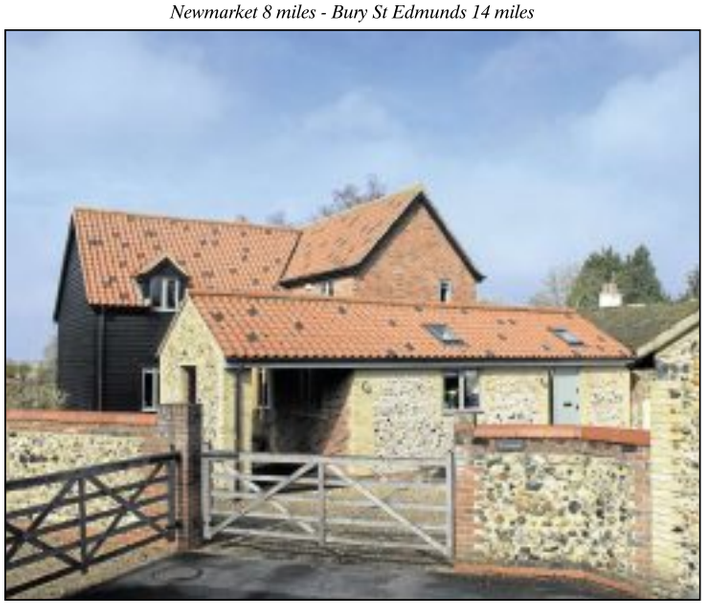
North Lodge is an exclusive development of luxurious apartments overlooking Warren Hill Training Gallops, just a short walk to the town centre. Sitting/dining room, kitchen/breakfast room, 3 bedrooms (2 ensuite), bathroom and carport.

EPC Rating B

Guide £695,000

FRECKENHAM

Newmarket 8 miles - Bury St Edmunds 14 miles



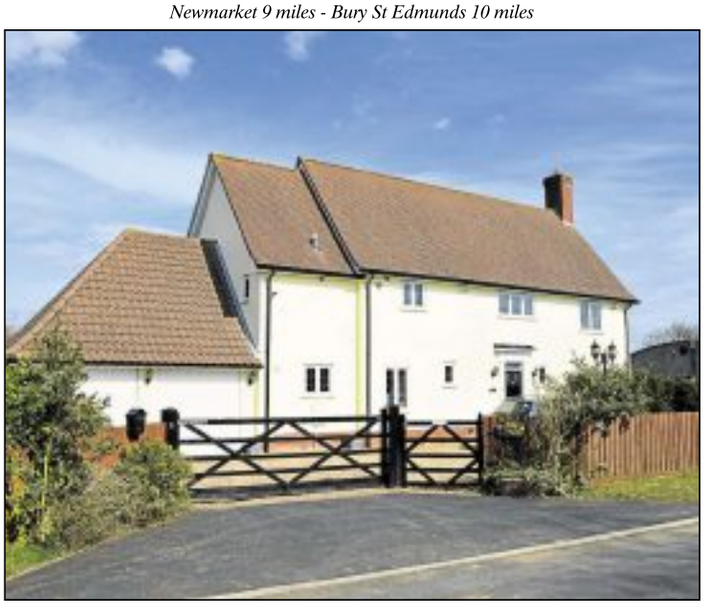
A beautifully presented modern barn style detached property enjoying a peaceful village location. Sitting room, kitchen/breakfast room, family/dining room, study, utility, 5 bedrooms (2 ensuite), bathroom, cart lodge and gardens.

EPC Rating D

Guide £550,000

WICKHAMBROOK

Newmarket 9 miles - Bury St Edmunds 10 miles



A substantial detached home situated in a quiet semi-rural location enjoying far reaching views. Sitting room, dining room, kitchen/breakfast room, study, utility, cloakroom, 4 bedrooms (1 ensuite), bathroom, double garage and gardens.

EPC Rating D

In all about 0.3 acres.

Guide £459,995

rightmove.co.uk

www.davidburr.co.uk - Newmarket (01638) 669035

CASTLE HEDINGHAM ◆ CLARE ◆ LEAVENHEATH ◆ LONG MELFORD ◆ NEWMARKET ◆ WOOLPIT ◆ LONDON SW1

Jackson-Stops & Staff

GREAT BRADLEY

A charming period cottage in a rural location with a separate annexe, stables, paddocks and attractive garden.

Sitting Room, Dining Room, Family Room, Study, Kitchen, Utility Room, Cloakroom. Landing, Master Bedroom with Dressing Room/Nursery and En-Suite Shower Room, Two Further Bedrooms and Family Bathroom. Detached Annexe with Games Room, Boot Room, Two Bedrooms and Shower Room. Driveway and Parking, Large Garden, Two Paddocks, Three Stables and Tack Room.

Guide Price £495,000

OUSDEN

A charming Grade II Listed house in a rural location enjoying countryside views with large established grounds extending to just under an acre (STS).

Porch, Entrance Hall, Drawing Room, Sitting Room, Dining Room, Garden Room, Kitchen, Cloakroom. Landing, Four Bedrooms, Two Bathrooms, Study/Bedroom 5 and Loft Store Room. Driveway and Parking, Large Grounds, Two Garden and Wood Stores.

Guide Price £625,000

Newmarket 01638 662231
newmarket@jackson-stops.co.uk

www.jackson-stops.co.uk

Offices covering the UK London office: 70 Curzon Street W1J 8HU

Use the fast find codes on our website to find out more

Jackson-Stops & Staff

NEWMARKET

A superb 1930's house with attractive grounds approaching 0.67 acres (STS) located in a sought after residential area and within walking distance of Newmarket town centre and train station.

Hall, Drawing Room, Sitting Room, Dining Room, Kitchen/Breakfast Room, Utility Room, Garden Room, Cloakroom. Master Bedroom and Guest Bedroom with En Suite Bathrooms, Three Further Bedrooms and Family Bathroom. Driveway and Parking, Double Garage, Workshop and Large South Facing Garden. EPC Rating 'F'. N.B: THERE MAY BE SOME PLANNING POTENTIAL WITHIN THE GROUNDS, SUBJECT TO THE USUAL PLANNING CONSTRAINTS.

Guide Price £795,000

NEWMARKET

A substantial Arts and Crafts residence offering extensive accommodation in a private and sought after town location with mature grounds extending to approximately 1.2 acres (STS).

Entrance Hall, Drawing Room, Sitting Room, Dining Hall, Family Room, Play Room, Billiards Room, Kitchen/Breakfast Room, Utility Room, Boot Room, Cloakroom, Cellar with Wine Store, Silver Room and Stores. Galleried Landing, Master Bedroom with Dressing Room/Nursery and En-Suite Bathroom, Six Further Bedrooms and Four Bath/Shower Rooms. Driveway and Parking, Garaging, Cart Lodge and Large Gardens. EPC Rating 'E'.

Guide Price £1,750,000

Newmarket 01638 662231
newmarket@jackson-stops.co.uk

www.jackson-stops.co.uk

Offices covering the UK London office: 16 Curzon Street W1J 5HU

Use the fast find codes on our website to find out more

Jackson-Stops & Staff

NEWMARKET - OPEN DAY THIS SATURDAY 11AM - 2PM

A secluded gated development of 6 substantial luxurious apartments with unrivalled views over Warren Hill Gallops.

Grand Lobby, Kitchen, Sitting/Dining Room, Master Bedroom with Dressing Room and En-Suite Bathroom, Guest Bedroom with En-Suite Shower Room, Bedroom 3 and Shower/Cloakroom, Utility/Laundry Room. Two Allocated Parking Spaces, Balcony/Terrace to all main rooms, Communal Grounds and Lift access to all floors. EPC Rating 'C'.

Guide Price £695,000

NEWMARKET

An outstanding penthouse apartment enjoying superb views over Warren Hill Training Grounds situated in this highly regarded development within walking distance of the town centre.

Communal Hall, Reception Hall, Sitting Room, Kitchen/Dining Room, Cloakroom. Master Bedroom with En Suite Bathroom and Dressing Room, Guest Bedroom with En Suite Bathroom. Two Bay Car Port and Communal Gardens. EPC Rating 'C'.

Guide Price £495,000

NEWMARKET

A stunning ground floor apartment set within this exclusive development in a superb location close to the town centre.

Communal Entrance Hall, Entrance Hall, Sitting/Dining Room, Integrated Kitchen. Master Bedroom with En-Suite Bathroom, Bedroom 2 with En-Suite Bathroom, Bedroom 3/Study and Shower Room. Allocated and Visitors Parking, Private Terrace and Communal Grounds. EPC Rating 'B'.

Guide Price £495,000

NEWMARKET

A contemporary and exclusive ground floor apartment situated in this highly regarded new development backing onto the Long Hill Training Grounds.

Hall, Sitting/Dining Room, Integrated Kitchen, Master Bedroom with Dressing Room and En-Suite Bathroom, Guest Bedroom plus Shower/Cloakroom. Private Terrace, Allocated Parking and Communal Grounds. EPC Rating 'B'.

Guide Price £375,000

Newmarket 01638 662231
newmarket@jackson-stops.co.uk

www.jackson-stops.co.uk

Offices covering the UK. London office 17b Curzon Street W1J 5HU

Use the fast find codes on our website to find out more

Jackson-Stops & Staff

HIGHAM

An attractive and beautifully presented detached period house in a sought after village and with a good sized landscaped garden.

Entrance Hall, Sitting Room, Dining room, Conservatory, Kitchen, Utility Room, Shower/Cloakroom. Landing, Three Bedrooms and Shower Room. Driveway and Parking, Enclosed Garden. EPC Rating 'G'.

Guide Price £399,500

FORNHAM ALL SAINTS

A charming former Rectory offering spacious and flexible accommodation.

Hall, drawing room, dining room, kitchen/breakfast room, study, library, utility, cellar, 4 cloakrooms. Master suite, 5 further bedrooms, bathroom. Self contained 2 bed apartment. Double garage. Mature gardens with grass tennis court. In all 1.3 acres.

Guide Price £895,000

EXNING

A deceptively spacious detached family house in a sought after village location with an enclosed private garden.

Reception Hall, Sitting Room, Dining Room, Family Room, Study, Kitchen/Breakfast Room, Utility Room and Shower/Cloakroom. Master Bedroom with En-Suite Bathroom, Four Further Bedrooms and Family Bathroom. Driveway and Parking, Garaging and Enclosed Garden. EPC Rating 'D'.

Guide Price £415,000

NEWMARKET

An elegant and well proportioned Grade II Listed town house with an attractive south-facing walled garden, ample parking and conveniently located for the High Street.

Hall, Drawing Room, Dining Room, Sitting Room, Kitchen/Breakfast Room, Cloakroom. Playroom and Utility Room. 5 Bedrooms (2 with En- Suite Bathrooms), Bathroom and Cloakroom. Driveway, Garage and Walled Garden.

New Guide Price £475,000

Newmarket 01638 662231
newmarket@jackson-stops.co.uk

www.jackson-stops.co.uk

Offices covering the UK London office: 16 Curzon Street W1J 5HU

Use the fast find codes on our website to find out more

BURWELL
01638 742461

Morris Armitage

BURWELL £349,995

An extended 5 bedroom detached bungalow comprising of kitchen/breakfast room, living room, dining room, impressive conservatory, 2 ensuites, driveway parking, gardens. EPC (D)

SOHAM £269,995 NEW PRICE

A modern 3 bedroom home offering accommodation over 3 storeys to include cloakroom, modern kitchen, spacious living room and dining room. Double garage and garden. EPC (C)

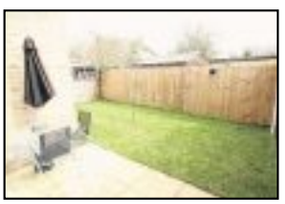
BURWELL £399,950

An outstanding substantial detached 4 double bedroom home offering 3/4 reception rooms, refitted kitchen/dining room, formal dining room, parking and 2 garages. EPC (D)

BURWELL £229,995

An extended non-estate detached 3 bedroom bungalow standing within established generous west facing gardens boasting spacious accommodation consisting of entrance hall, kitchen, dining room, utility room, living room, parking and car port. EPC (D)

BURWELL £247,500 NEW



A superbly appointed modern detached 4 bedroom home standing within a small cluster of similar properties with accommodation to include cloakroom, fitted kitchen, sitting room, dining room, study/playroom and boasting driveway parking, carport and south facing garden. EPC (B)

ISLEHAM £147,500

A spacious end of terrace home standing within a generous size plot consisting of kitchen, sitting room, conservatory, 2 bedrooms, enjoying good size gardens and parking. EPC (D)

BURWELL £229,995 NEW PRICE

A cleverly extended and spacious 3 bedroom home offering, cloakroom, living room, modern fitted kitchen, dining room, study/office, parking, garage, front and rear gardens. EPC (D)

BURWELL £425,000

A detached 4 bedroom bungalow with contained annex occupying an approx 1/4 acre plot. Accommodation includes sitting room, kitchen/breakfast room, conservatory. EPC (D)

NEWMARKET
01638 560221

Morris Armitage

NEWMARKET £155,000 NEW

A spacious mid-terrace 3 double bedroom home with accommodation to include living room, kitchen/dining area, first floor bathroom. Externally offering enclosed garden. EPC (C)

NEWMARKET £145,000 NEW

A modern 2 bedroom home set at the end of a quiet cul-de-sac, refurbished and updated to include living/dining room, kitchen/breakfast room, refitted bathroom. Parking. EPC (tbc)

NEWMARKET £172,500 NEW

A well presented 3 bedroom house set within a cluster of similar properties. Living room/dining room, refitted kitchen, refitted bathroom. Off road parking. EPC (tbc)

EXNING £435,000 NEW PRICE

A substantial modern detached 5 bedroom family home offering spacious rooms throughout, boasting 3 generous size reception rooms, kitchen/breakfast room, superb bespoke conservatory. Well stocked garden, parking and integral double garage. No chain. EPC (D)

NEWMARKET £365,000 NEW

A substantial individually built 4 bedroom modern detached home occupying an elevated position with spectacular views over Tattersalls. Built to a high specification and offers spacious accommodation to include kitchen/dining room, two en-suites, garden and garage. EPC (C)

NEWMARKET £179,000 NEW

A wonderful opportunity to purchase a well presented Victorian cottage located in one of Newmarket s finest roads. Sitting room, dining room, fitted kitchen, 2 bedrooms. EPC (tbc)

NEWMARKET £189,995 NEW

A spacious 2 double bedroom detached bungalow offering ample opportunity to improve. Kitchen, living room, good size conservatory. Externally boasting garden and garaging. EPC (tbc)

NEWMARKET £174,950 NEW

An established and well presented home in brief comprising of living room, large conservatory, kitchen/dining room, 3 generous size bedrooms. South facing garden.EPC (tbc)

NEWMARKET BURWELL morrisarmitage.co.uk CAMBRIDGE HAVERHILL

01638 561187

WHATLEY LANE

www.whatleylaneestateagents.co.uk

THREE BEDROOM DETACHED BUNGALOW £299,000

This well presented family home occupies a pleasant location in Hargrave.
It offers spacious three bedroom double glazed accommodation including a modern kitchen and conservatory. Externally it boasts an attractive garden with summerhouse and benefits from a single garage with additional carport. EPC rating D

A DELIGHTFUL END OF TERRACE COTTAGE £160,000

Sought after village location of Exning with no upward chain
Offering well-presented two bedroom accommodation including great attic space and off-road parking for one vehicle. It also benefits from double glazed windows and gas-fired central heating. EPC rating D

UPDATED END OF TERRACE £199,950

Spacious three bedroom semi-detached house in a cul-de-sac location in this sought-after village.
The property benefits from an attractive fitted kitchen and has newly fitted flooring to the ground floor, stairs, landing and bathroom. EPC rating C

DETACHED HOME IN STETCHWORTH £249,950

This beautifully decorated detached property offers spacious accommodation in a sought after, private location within this ever popular village.
It benefits from three double bedrooms, and is located in the catchment area for outstanding schools. Good links to Cambridge and London. EPC rating D

NEW PRICE, GREAT VALUE £249,950

Three bed terraced cottage in a sought after village location.
An attractive terraced cottage offering three bedrooms and two reception rooms, a fitted kitchen and spacious conservatory. Further benefits include good size front and rear gardens with rear access and a useful outbuilding comprising tack room and stable. EPC rating D

TWO BEDROOM APARTMENT £1,200

This apartment benefits from communal gardens and secure parking
This immaculate and luxurious apartment enjoys a central Newmarket location just off the High Street and a short walk from Tattersalls Sales Grounds and the Railway Station. EPC rating B

SIMILAR REQUIRED

An immaculately presented house with character and charm in Lidgate
Entrance hall, dining room, sitting room, kitchen/breakfast room, utility room, and cloakroom. Master double bedroom with en-suite, 1 double bedroom and 1 single bedroom, family bathroom. Off street parking, large feature garden. EPC rating D

SIMILAR REQUIRED

Extensively refurbished three bedroom detached residence close to Newmarket town centre and its amenities.
New modern country-style kitchen and seperate utility room, Three well-proportioned bedrooms, New bathroom suite and first floor wet, Landscaped gardens with patio area room and driveway. EPC rating F

Whatley Lane Estate Agents 13 High Street Newmarket Suffolk CB8 8LX. Telephone 01638 561187 Email enquiries@whatleylaneestateagents.co.uk

01638 561187

WHATLEY LANE

www.whatleylaneestateagents.co.uk

STETCHWORTH, PRETTY COTTAGE £179,950

Extended end of terrace offering excellent accommodation.
Externally it benefits from a low maintenance courtyard garden with gate providing access to the side of the property. EPC rating E

FAMILY HOME IN NEWMARKET £349,995

Located in a desirable residential area and conveniently positioned for the railway station, a spacious four bedroom house in an off-road location.
With four reception room and two bathrooms this property offers great flexibility and the scope for a variety of family uses. EPC Rating. D

VICTORIAN TOWN HOUSE £407,500

Semi-detached four storey town house in a premier location in Newmarket
It boasts an abundance of period features including wonderful high ceilings with the added benefit of a useful converted loft space with w/c facilities along with a dry cellar. Externally, it also offers an attractive enclosed rear garden. EPC rating E

SPACIOUS FIVE BEDROOM ACCOMMODATION £500,000

Immaculate detached residence this highly regarded village of Exning.
Extensively refurbished family home occupies a pleasant and secluded location on the edge of this sought after village. Externally it also offers gated off-road parking, a double integrated garage and excellent gardens. EPC rating C

DELIGHTFUL TOWN CENTRE COTTAGE £230,000

A charming, extended end of terrace cottage, substantially improved throughout.
With three bedrooms and two reception rooms this property offers well-proportioned accommodation with a useful loft space. Views over paddocks to the rear. EPC Rating. D

THREE BEDROOM COTTAGE IN DULLINGHAM £315,000

The accommodation is spacious and presented to a high standard throughout.
This characterful three bedroom 19th century cottage occupies an excellent location on a quiet, no through, road, in the heart of Dullingham. Externally it benefits from open views and spectacular rear gardens. EPC rating D

AN IMMACULATE SEVEN BEDROOM TOWNHOUSE WITH ANNEX £495,000

This three storey period townhouse enjoys a premier location close to Newmarket High Street and its amenities.
Internally the property boasts spacious living accommodation with the added benefit of a self-contained annex built over the double garage. Externally it also benefits from delightful south-facing private gardens, a double garage and off-road parking. EPC rating E

Whatley Lane Estate Agents 13 High Street Newmarket Suffolk CB8 8LX. Telephone 01638 561187 Email enquiries@whatleylaneestateagents.co.uk

pocock&shaw
Residential Sales, Lettings & Management

T 01638 668284
E newmarket@pocock.co.uk

Newmarket £425,000

NEW

An exceptional 19th century, bay fronted town house meticulously refurbished to provide a home of great personality displaying a wealth of period features and characteristics throughout.

Set over four floors this superb five bedroom home offers elegant and sophisticated accommodation. EPC Rating: TBC

Gazeley £665,000

LAND

ANNEX

A superbly presented detached 4/5 bedroom family house with spacious annex accommodation, set in extensive gardens of about 1.2 acres (subject to survey) with stables.

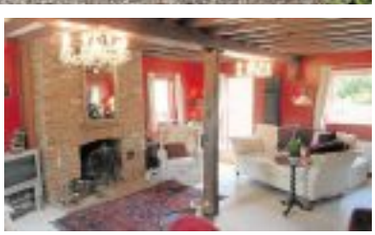
This substantial house has recently undergone a comprehensive & sympathetic programme of refurbishment and extension. EPC Rating: D

Exning £525,000

A grade II listed former Corn Mill dating from the late 1700's and set in a picturesque unspoilt position with views overlooking paddocks.

This unique property retains considerable character including some of the old mill workings and has accommodation arranged over 3 floors.

EPC rating: E



Newmarket £425,000

An impressive and extended detached family house with a large established garden and situated in a sought after location on the outskirts of Newmarket and within easy reach of the racecourse.

EPC rating: TBC

pocock.co.uk rightmove.co.uk PrimeLocation.com FindaProperty.com globrix.com

Newmarket Office: 2 Wellington Street, Newmarket CB8 0HT
T 01638 668284 | E newmarket@pocock.co.uk
Also at Cambridge and Ely

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Residential Sales, Lettings & Management

Residential Sales

Gazeley £156,500

NEW

A charming brick and flint period two bedroom cottage of character occupying a most attractive position within this much sought after village.

The highly regarded village of Gazeley is attractively situated being set amongst undulating countryside approximately six miles east of Newmarket and nine miles west of Bury St Edmunds and 22 miles east of Cambridge.

Available with no upward chain.

Newmarket £224,999

NEW PRICE

The property is a deceptively spacious 3 bedroom house occupying a prominent corner plot boasting views over playing fields. This good size family house is ideally located for access to the town centre as well the local schools.

AVAILABLE WITH NO UPWARD CHAIN.

EPC rating: D

Cheveley £192,000

NEW

A well presented 2 bedroom detached bungalow occupying a pleasant corner plot within this residential development, located in the much sought after village south east of Newmarket.

Benefiting from 2 double bedrooms, lounge, kitchen, bathroom, pleasant garden, a garage and off road parking. Internal inspection is highly recommended.

EPC Rating: D

Isleham £350,000

NEW

LAND

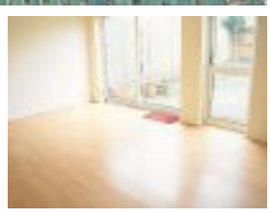
A rare opportunity to purchase a spacious 3 bedroom bungalow boasting a large and secluded plot of approximately 1 acre STS. EPC rating: D

The property could benefit from a degree of modernisation but with the generous plot it offers huge potential for extension or redevelopment (subject to planning).

EPC rating: D

Newmarket £124,500

NEW PRICE



A well presented 2 bedroom house occupying a pleasant position on the edge of this increasingly popular residential area to the north of Newmarket.

Available with no upward chain.

EPC rating: E

Newmarket £174,950

NEW

A well presented and generously proportioned 3 bedroom mid terrace family house, boasting a good size garden.

The property is situated on the edge of this increasingly popular residential area north of Newmarket High Street well positioned for access to the A11 and A14 for Cambridge, Bury St Edmunds and London.

EPC Rating: TBC

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Also at Cambridge and Ely

The Property People
carterjonas.co.uk

CARTER JONAS

FORDHAM, NEAR NEWMARKET

Elegant and substantial Grade II* listed country house set in beautiful parkland.

4 main bedrooms with 6 second floor bedrooms, 4/5 reception rooms, ground floor guest apartment, 2 garages, store rooms, walled garden, orchard, swimming pool, tennis court, all set in approximately 4.25 acres.

Also available: 3 cottages, a further 195 acres of farm/pasture & woodland with buildings. Approximately 200 acres in all.

Guide Price (Lot 1A) £1,950,000

Cambridge 01223 368771

NEWMARKET

Outstanding residence situated about a mile from the centre of the town and backing onto the golf course; with exceptionally high specification accommodation and gardens of 1.5 acres.

6 bedrooms, 3 reception rooms, kitchen / living room, further reception room / gymnasium, study, utility, 6 bathrooms, 2 cloakrooms, boot / freezer room, boiler room, 2 double garages, parking, heated swimming pool, hard tennis court, garden machinery store, summer house & more.

Guide Price £1,750,000
Energy Rating: D
Cambridge 01223 368771

Offices throughout the UK

FeatureHOMES

Woodditton - £750,000

ON the market with a guide price of £750,000, this detached period cottage is in Maypole Lane, Woodditton. Located in a stunning location, approximately three miles south of Newmarket, accommodation includes an entrance lobby, sitting room, conservatory, dining room, kitchen, four bedrooms and a family bathroom. Outside there is a ¾ acre garden which is mostly laid to lawn, a gravel driveway and parking and a single garage.

To view, call Cheffins on (01638) 663228.

Newmarket - £425,000

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Newnham Close, Mildenhall

Spacious three bedroom house with fully fitted kitchen, including all appliances, large conservatory, bathrom with shower, gardens, gas central heating.

£700pcm
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Belmont Court, High Street, Newmarket

A two bedroom first floor apartment. Entrance hall, two double bedrooms, newly fitted kitchen. Lounge with balcony, bathroom, communal gardens, gas c/h.

£600pcm
Available: Immediately

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TO LET

A two bedroom end of terrace home with benefit of off street parking. L shaped Living room Kitchen First floor shower room, Heating. Front & rear garden. EPC "D"

RED LODGE £109,950

NO CHAIN

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SOHAM £680

TO LET

An almost new 2nd floor two bedroom apartment , Open plan living room/Kitchen, two bedrooms, bathroom, gas radiator heating garage, close to facilities.

CHIPPENHAM £135,000

MUST BE VIEWED

A delightful two bedroom semi detached cottage with a wealth of charm and features set within this popular village just outside Newmarket. EPC G

GROVE GARDENS OFFERS OVER £145,000

NO CHAIN

A well presented and extended two bedroom semi detached bungalow situated within an exclusive development within the popular village of Fordham. Hall, Lounge, Dining Area, Kitchen, Two Bedrooms, Bathroom, Enclosed Garden. EPC D

SOHAM £680

TO LET

Semi detached house situated in popular residential area of Soham with accommodation comprising lounge/diner, kitchen, cloakroom, three bedrooms and bathroom. The property benefits from gas central heating, double glazing, enclosed rear garden and off road parking

BARROW £245,000

NO CHAIN

A recently refurbished three bedroom detached bungalow in a quite village location with good access to both Bury St. Edmunds and the historic racing town of Newmarket. EPC D

CARLTON £325,000

MUST BE VIEWED

A fabulous extended three bedroom detached bungalow in a sought after village location with panaramic views over open countryside. EPC D

SOHAM £800

TO LET

Detached bungalow with gardens and off street parking, gas central heating, double glazing. Three bedrooms, living room, dining room ,kitchen and bathroom.

HETHERSETT CLOSE £159,995

This is a very large extended three bedroom detached home in need of some updating.

NEWMARKET £129,950

NEW PRICE

A two bedroom end of terrace home pleasantly situated opposite an open green. The accommodation comprises of an Entrance Hall, Kitchen, Lounge/Diner, Two Bedrooms, Bathroom, Gas Radiator Heating, Garden & Garage in Block.. EPC "E"

SOHAM £620

TO LET

End of terrace cottage overlooking East Fen Common. 3 Bedrooms Living room Kitchen/Diner Bathroom, Radiator heating, white goods,car parking, rear garden. EPC "F"

NEWMARKET £120,000

MUST BE VIEWED

A smart modern top floor two bedroom apartment in a new development close to the town and all facilities. The property is in fabulous condition and represents an excellent chance to venture onto the property market for the first time or as an investment. Viewing is essential to appreciate this home. EPC "C"

WICKHAMBROOK £700

TO LET

Established Semi-detached house in the popular village of Wickhambrook with wide ranging views. Entrance hall, lounge, kitchen/dining room, utlity room, cloakroom, three bedrooms and family bathroom. EPC E

MANDERSTON ROAD £107,950

NO CHAIN

A spacious ground floor two bedroom apartment with gas radiator heating, modern kitchen and offered with no upward chain.

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the GUIDE

Lenny's not laughing

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COMEDIAN-turned-theatre star Lenny Henry is much more serious and much less happy-go-lucky than you'd expect from those crazy Red Nose Day suits he chucks on, *writes Ella Walker.*

Gruff, eloquent and fiercely proud of his recent forays into the red-curtained world of creaking stage floors and bright lights, he's all about knuckling down to some real work. Who cares about those cheesy Premier Inn adverts when you're in a Pulitzer prize-winning play anyway?

The 54-year-old is starring in August Wilson's Tony Award-winning *Fences*, which is playing at the Cambridge Arts Theatre this week. Set in Pittsburgh in the late 1950s, it's an African American family drama of hefty importance, fringed by the fact the Ku Klux Klan are still on the prowl and bubbling with aggression.

Lenny plays Troy Maxim, a former baseball player turned bin man, who is slowly destroying his family. "He's a very bitter but charismatic man," says Lenny. "At the beginning he's very funny but as we peel the onion of his character we slowly find out that there's a lot boiling underneath, and a lot of it very unpleasant."

Whether you like Lenny's stand-up or not, it's hard to argue the guy doesn't have the clout to take on the role since his lauded appearance as *Othello* in 2009.

Does he ever succumb to panic? "All the time. In fact, if I didn't have a cork up my bum on the first night of *Fences* I don't think I would have survived!" he splutters.

There's a hint of the Lenny Henry I was expecting, choking and coughing with laughter. While he maintains he is still very much a comedian, touring with *Fences* is the priority, even if that means reliving his memories of driving endlessly round Cambridge, searching for the stage door. "I think if anybody invades England," he says laughing. "I'm coming to Cambridge to hide because no-one will find me, they'll be stuck in the one-way system."

● *Fences*, Cambridge Arts Theatre, until Saturday at 7.45pm. Tickets £15-£35 from (01223) 503333 / *cambridgeartstheatre.purchase-tickets-online.co.uk*

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Taster days 16 and 17 January 2013 - **Induction week starts 21 January 2013**	Taster days 8 and 9 May 2013 - **Induction week starts 13 May 2013**	Taster days 11 and 12 September 2013 - **Induction week starts 16 September 2013**

Contact West Suffolk College Information Centre Out Risbygate Bury St Edmunds Suffolk IP33 3RL 01284 716333 info@wsc.ac.uk www.westsuffolk.ac.uk

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Let's get classical

CAMBRIDGE Corn Exchange has announced details of the 2013/14 Cambridge Classical Concert Series, which runs from October 2013 to May 2014.

In a momentous development, the prestigious Royal Philharmonic Orchestra has accepted the Corn Exchange's offer to become its Orchestra in Residence for the next three years, starting in autumn 2013. Not only will this highly-regarded orchestra perform half of the six concerts in the series, its education wing, RPO resound, will be helping to raise the aspirations of young musicians from across the county with an exciting range of educational projects, all focused on the experience of playing to live audiences within the Corn Exchange's unique acoustic setting.

Highlights of the *Cambridge News*-backed series include:

- A visit by the internationally renowned Tchaikovsky Symphony Orchestra of Moscow Radio
- A concert by the acclaimed Czech National Symphony Orchestra with the brilliant violin soloist Chloë Hanslip and featuring Schubert's Unfinished Symphony
- An evening of American classics (Gershwin, Copland and Bernstein) with one of the world's most sought-after solo pianists Freddy Kempf playing alongside the Royal Philharmonic Orchestra
- A return visit by the RPO offering a feast of major works by Beethoven
- A visit from the highly regarded Basel Symphony Orchestra who will play music by some of the twentieth century's most influential composers such as Philip Glass, Arvo Pärt and John Adams and featuring the immensely talented cellist Matt Haimowitz.

The 2013/14 series also sees world famous cellist Julian Lloyd Webber stepping down as Corn Exchange Artist in Residence as his three-year residency comes to an end.

The venue will be making an exciting announcement about his successor later this year. In his swan song concert alongside the Royal Philharmonic Orchestra in May 2014, Mr Lloyd Webber will be giving a consummate performance of Elgar's timeless and haunting *Cello Concerto*, a poignant and emotional note on which to end his highly successful Cambridge residency.

VIOLIN: Chloe Hanslip is just one of the names lined up for this year's Classical Concert Series

Save with a subscription

YOU can save up to £50 by taking out a subscription to all six concerts in the series. For details, call the Corn Exchange Box Office on 01223 357851 or call in person to the Box Office in Wheeler Street where you can also pick up an orchestral series brochure containing a booking form.

Full series subscriptions are on sale until Thursday, May 16. Four-concert subscriptions are on sale from Tuesday, May 21 and individual concerts go on sale from Tuesday, May 28.

films

nowshowing

NEWMARKET STABLE
07756 853714
http://www.cinemaatnewmarket.org.uk
Hope Springs 912A): Sun-Mon 7.30

BURY ST EDMUNDS Cineworld
0871 200 2000
Chimpanzee (U): Mon 6.45
Iron Man 3 [3D] (12A): Thu 12.05am
Iron Man 3 [3D] (12A): Thu 11am, 11.50am, 1, 2.10, 3, 4.10, 5.20, 6.10, 7.20, 8.30, 9.20
Iron Man 3. (12A): Thu 10.30am, 1.40, 4.50, 8
Evil Dead (18): Fri-Wed 2.30, 4.50, 7.10, 9.30; Thu 12.10, 2.30, 4.50, 7.10, 9.30
Olympus Has Fallen (15): Fri-Wed 12.30, 3.15, 6, 7.45, 8.45; Thu 12.30, 3.15, 6, 8.45
Oblivion (12A): Fri 12noon, 2, 3, 5, 6, 8, 9; Sat 11am, 12.10, 2, 3, 5, 6, 8, 9; Sun 11am, 12noon, 2, 3, 5, 6, 8, 9; Mon-Wed 12noon, 2, 3, 5, 6, 8, 9; Thu 12noon, 3, 6, 9 Scary Movie 5 (15): Fri-Wed 4.40, 7, 9.20; Thu 2, 6.50, 9.10
Dark Skies (15): Fri-Wed 8.15
G.I. Joe : Retaliation [3D] (12A): Fri-Wed 9.10
G.I. Joe : retaliation (12A): Fri 2.20, 5; Sat-Sun 11.40am, 2.20, 5; Mon-Wed 2.20, 5
The Croods [3D] (U): Fri 4, 6.30; Sat-Sun 11am, 4, 6.30; Mon 4; Tues-Wed 4, 6.30
The Croods (U): Fri-Wed 12.30, 1.30, 3, 5.30; Thu 1.30, 4.20
Jack The Giant Slayer (12A): Fri 2; Sat-Sun 11.20am, 2; Mon-Wed 2
Oz: The Great And Powerful (PG): Sat-Sun 11.30am Movies for juniors
Wreck-It Ralph (PG): Sat 10am
Paranorman (PG): Sat 10.10am
Madagascar 3 : Europe's Most Wanted (PG): Sat 10am

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The Place Beyond The Pines (15): Fri-Sat 1.30, 4.30, 7.30; Sun 12noon, 3, 5.30; Mon 1.30, 4.30, 7.30; Tues 12.30, 3.30; Wed 11am, 2.15, 4.30, 7.30; Thurs 2, 7.30
Promised Land (15): Fri 2, 5.30, 8; Sat 2, 5.30, 8; Sun 12noon, 3, 6; Mon 2, 5.30, 8; Tues 1.30, 4, 7; Wed 11.30am, 2, 5.30, 8.; Thurs 12noon, 2.30, 5, 8
I'm So Excited (15): Tues 6.30
Picturehouse Pythons, Kids Club: Wreck It Ralph 2D (PG): Sat 11am
Toddler Time: Rastamouse Program 1 (U): Tues 11.30am

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Wreck-It Ralph 2D (PG): Sat-Sun 10am
Wreck-It Ralph 3D (PG): Sat-Sun 10.20am
Seniors: Life Of Pi (PG): Tues 1.10
Oz: The Great And The Powerful 2D (PG): Su 1.10; Tues 7.30 (subtitles)
Iron Man 3 3D (12a): Wed 00.01; Thu 12noon, 1.10, 3, 4.20, 6, 7.30, 9
Iron Man 3 2D (12a): Wed 00.01; Thu 2.10, 5.20, 6.30, 8.30, 9.30
The Little Shop Of Horrors: Directors Cut (PG): Mon 9; Wed 10.30
Olympus Has Fallen (15): Fri 12noon, 2.50, 5.40, 8.40,11.30; Sat 12.30, 3.15, 6, 8.40, 11.30; Sun 12.30, 3.15, 6, 8.40; Mon-Thu 12noon, 2.50, 5.40, 8.40
Evil Dead (2013) (18): Fri 11.50am, 2, 4.20, 6.40, 9, 11.20; Sat 1, 3.30, 5.50, 8.20, 10.40; Sun 1, 3.30, 5.50, 8.20; Mon-Tues 11.50am, 2, 4.20, 6.40, 9; Wed 11.50am, 2, 4.20, 6.40, 9, 11.20; Thu 11.50am, 2, 4.20, 6.50, 9.15
Cloud Atlas (15): Fri-Sun 8.10; Tues 8.10; Wed 7
GI Joe: Retaliation 2D (12a): Fri 12.50, 3.30, 6.10, 8.50, 11.20; Sat 10.10am, 12.50, 3.30, 6.10, 8.50, 11.20; Sun 10.10, 12.50, 3.30, 6.10, 8.50; Tues-Wed 12.50, 3.30, 6.10, 8.50
Les Miserables (12a): Sat-Sun 4
Oblivion (12a): Fri-Sat 12noon, 2.50, 5.40, 8.30, 11.20; Sun-Tues 12noon, 2.50, 5.40, 8.30; Wed 12noon, 2.50, 5.40, 8.30, 11.20; Thu 12noon, 2.50, 5.40, 8.30
Oz: The Great And The Powerful 2D (PG): Fri 1.10, 4.30, 7.30, 10.30; Sat 10.20am, 1.10, 7.30, 10.30; Sun 10.20am, 1.10 (subtitles Sun), 7.30; Mon 12.10, 3.30,; Tues 4.30, 7.30 (subtitles); Wed 1.10, 4.30, 7.30, 10.30;
Scary Movie 5 (15): Fri 12.30, 2.50, 5.05, 7.15, 9.30, 11.40; Sat 10.20am, 12.30, 2.50, 5.05, 7.15, 9.30, 11.40; Sun 10.20am, 12.30, 2.50, 5.05, 7.15, 9.30; Mon-Tues 12.30, 2.50, 5.05, 7.15, 9.30, Wed 12.30, 2.50, 5.05, 7.15, 9.30, 11.40; Thu 9.10
The Croods 2D (U): Fri 1.40, 4.10, 6.50; Sat-Sun 11.10am., 1.40, 4.10, 6.50; Mon-Wed 1.40, 4.10, 6.50; Thu 1.30, 4
The Host (12a): Fri 11.50am, 2.30, 5.20; Sat-Sun 11.40am, 2.30, 5.20; Mon-Tues 11.50, 2.30, 5.20; Wed 1, 4; Thu 12.40, 3.30, 6.15
Trance (15): Fri-Sat 9.15, 11.40; Sun-Tues 9.15; Wed 9.15, 11.40

CAMBRIDGE Cineworld
0871 200 2000
Chimpanzee (U): Mon 6.45
Iron Man 3 [3D] (12A): Thu 11am, 11.40am, 12.40, 2.10, 2.50, 3.50, 5.20, 6, 7, 8.30, 9.10, 12.05am
Iron Man 3. (12A) Thu 1.20, 4.30, 7.45
Evil Dead (18): Fri-Sat 12.10, 2.30, 4.50, 7.10, 9.35, 11.55; Sun-Thu 12.10, 2.30, 4.50, 7.10, 9.35
Olympus Has Fallen (15): Fri-Sat 12.20, 3.05, 5.50, 7.45, 8.40, 10.35, 11.25; Sun-Wed 12.20, 3.05, 5.50, 7.45, 8.40; Thu 12.20, 3.05, 5.50, 8.40
Love Is All You Need (15) : Fri-Wed 12.05, 2.35, 5.15, 7.50; Thu 1.50, 4.25, 7.05, 9.40
Oblivion (12A): FriSat 11.05am, 2.05, 5.15, 8.15, 9.10, 11.20; Sun-Mon 11.05am, 2.05 (subtitles), 5.15, 8.15, 9.10; Tues 2.05, 5.15, 8.15, 9.10; Wed 11.05am, 2.05, 5.15, 8.15, 9.10; Thu 11.05am, 2.05, 5.15, 8.15
Scary Movie 5 (15): Fri-Sat 12.15, 2.35, 5, 7.15, 9.30,11.45; Sun-Wed 12.15, 2.35, 5, 7.15, 9.30; Thu 2, 9.45
The Place Beyond The Pines (15): Fri 11am, 1.55, 5.05, 8.20; Sat-Sun 1.55, 5.05, 8.20; Mon-Wed 11am, 1.55, 5.05, 8.20; Thu 11am, 1.55, 5.05, 6.30
Dark Skies (15): Fri-Sat 11.30
G.I. Joe : Retaliation (12A): Fri-Wed 2.15, 5.10
Trance (15): Fri-Sat 8.15, 10.45; Sun-Wed 8.15 (subtitles Mon)
The Croods [3D] (U): Fri-Sun 6.30; Tues-Wed 6.30; Thu 11.35am, 4.1
The Croods (U): Fri-Wed 12.30, 1.30, 3, 5.30
Jack The Giant Slayer (12A): Sat-Sun 11.05am
Oz : The Great And Powerful (PG): Fri-Wed 11.10am
Wreck-It Ralph (PG: Sat 10am
Paranorman (PG): Sat 10.05am
Madagascar 3 : Europe's Most Wanted (PG): Sat 10.10am
Cnebabies - parent & baby screenings (under 18 months)
Oblivion (12A): Tues 11.05am

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film of the week

Love Is All You Need (15, 116 mins)

IN her recent films, Oscar-winning Danish director Susanne Bier has meditated on the ability of the human spirit to endure all-consuming grief.

Perhaps hankering for some light relief, she dons her sunglasses and SPF25 for this life-affirming comedy set at an idyllic villa on the breathtaking Sorrentine Peninsula.

Love Is All You Need is an appealingly frothy confection about two damaged souls offered a second chance at happiness when they least expect but most need it.

The literal translation of the film's Danish title *Den Skaldede Frisor* is *The Bald Hairdresser* and this succinctly sums up heroine Ida (Trine Dyrholm), who has undergone chemotherapy as part of her breast cancer treatment.

Ida returns home from a check-up to find her oafish husband Leif (Kim Bodnia) in flagrante delicto with blonde accountant Tilde (Christiane Schaumburg-Muller).

It's a devastating blow and Ida leaves him to catch a flight to Sorrento, where their daughter Astrid (Molly Blixt Egelind) is due to marry her handsome fiance Patrick (Sebastian Jessen).

In the airport car park, Ida absent-mindedly backs into a car being driven by English widower Philip (Pierce Brosnan), who has thrown himself into his work – fruit and vegetable wholesale – following the death of his wife. It transpires that Philip is Patrick's father and is also heading to the ceremony.

Her tenderness and honesty are a tonic, kindling a spark of attraction between the strangers, but personal relationships become strained when Ida's cheating husband arrives with Tilde in tow.

The wedding conceit and sun-baked locales of Bier's film conjure fond memories of *Mamma Mia!* but *Love Is All You Need* dodges the ABBA songbook while still peddling a winning formula of fizzing dialogue and longing glances.

Allotments: don't give up!

HIS commitment to show gardens for the RHS Chelsea Flower Show the past two years has meant that garden designer Cleve West's beloved allotment has suffered as weeds have sprung up and slugs and snails have built their own thriving community among his prized vegetables.

While city dwellers may have romantic notions about wandering down to their plot on a balmy summer's evening to admire their crops and pick ripening fruits to add to their organic dinner table, West is much more realistic, 13 years after he took on his west London plot (now expanded to 20 rods, four times the normal size).

"Many have bought into allotments since they became part of the horticultural zeitgeist that seemed to sweep in as the new millennium got under way.

"But what the books don't tell you is that a large proportion of new allotment tenants give up within a year, overwhelmed by the time needed to keep the plot in good shape," he observes as he charts his own allotment experiences in his book, *Our Plot.*

by Hannah Stephenson

"Allotments have been billed as something wonderfully romantic, which they can be. But writers often turn a blind eye to the fact that tending an allotment does take up a lot of time and people get disillusioned quite quickly when they do all the initial clearing and then within about three or four weeks it's all weedy again. They didn't see that as being part of the bargain."

So how much time will you need to spend on a plot? "Well, if you're growing food to save money, whatever you do, don't add up the time it takes to produce your own food and apply an hourly rate to it. It will only depress you," he warns.

"The National Society of Allotment and Leisure Gardeners estimates that, for a five-rod plot (250 sq m), a gardener will spend just over 200 hours a year tending it. That sounds about right. We each spend at least one full day a week at the plot and often more during the busy period of sowing and growing between March and July."

When West says a day, he doesn't mean office hours. He's talking at least 12 hours, but it's not impossible, he points out.

"Those who do persevere are often pleasantly surprised to find that allotments are not only about growing food, they are a way of life."

He advises newcomer plotholders to keep motivated by growing potatoes, squash or other vegetables with big leaves, which will be good ground cover and help prevent weeds taking over.

"Lower your expectations in the first year or two, just while you get the hang of it. You will get upset when things don't grow or things get eaten.

"I've never had a decent asparagus crop, but I'm not giving up."

GO, WEST: Cleve West encourages new allotment tenants to stick with it

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the GUIDE weekend television

SATURDAY

BBC1

6.00am Breakfast. 10.00 Saturday Kitchen Live. 11.30 Nigel Slater's Simple Suppers. 12.00pm BBC News; Regional News; Weather. **12.15 Football Focus. 1.00 Live Snooker: The World Championship.** Coverage of the opening day's play at the Crucible Theatre. **2.15 Live Challenge Cup Rugby League.** Hull Kingston Rovers v St Helens (Kick-off 2.30pm). **4.30 Final Score. 5.10 Formula 1: Bahrain Grand Prix Qualifying Highlights.**

6.25 BBC News; Regional News; Weather.
6.45 Doctor Who.
7.30 The National Lottery: Who Dares Wins. Game show in which strangers pair up to win money.
8.20 The Voice UK. The fourth round of the chair-spinning singing contest.
9.20 Casualty. Jeff's father and sister are involved in a car accident.
10.10 BBC News; Weather.
10.30 Match of the Day. Including highlights of Sunderland v Everton; National Lottery Update.
12.00am The Football League Show.
1.20 FILM: Black Eagle (1988). Martial arts adventure, starring Jean-Claude Van Damme.
2.55 Weatherview.
3.00 BBC News.

BBC2

6.00am This Is BBC2. 6.45 FILM: On the Beat (1962). Comedy, starring Norman Wisdom. **8.30 FILM: A Stitch in Time (1963).** Slapstick comedy, starring Norman Wisdom. **10.00 Live Snooker: The World Championship.** Coverage of the opening day's play at the Crucible Theatre. **12.25pm EastEnders. 2.15 Live Snooker: The World Championship.** Coverage of the opening day's play in Sheffield. **5.30 The Great British Sewing Bee.**

6.30 Flog It!
7.00 Live Snooker: The World Championship. Further coverage of the opening day at the Crucible Theatre.
8.00 Some Mothers Do 'Ave 'Em. Betty finally goes into labour.
8.30 The Many Faces of Michael Crawford. A profile of the actor and singer.
9.30 QI XL. With Sandi Toksvig, Al Murray and Dara O Briain.
10.15 The United States of Television: America in Primetime. New series. Alan Yentob explores the social history of the US though its most popular TV shows.
11.15 Richard Briers: A Tribute.
12.15am Snooker: The World Championship.
1.05 Snooker: World Championships Extra.
3.05 This Is BBC2.

ITV

6.00am CITV. 8.25 ITV News. 8.30 Saturday Farm. 9.25 The Jeremy Kyle Show USA. 10.20 My Tasty Travels with Lynda Bellingham. 11.20 Murder, She Wrote. 12.20pm ITV News and Weather; Weather. **12.30 Midsomer Murders. 2.25 The Chase. 3.30 FILM: Kindergarten Cop (1990).** Comedy, starring Arnold Schwarzenegger. **5.30 ITV News Anglia;** Weather. **5.45 ITV News and Weather.**

6.00 New You've Been Framed! Forever.
7.00 Britain's Got Talent. Ant and Dec present the second audition show, with another line-up of acts eager to win a slot at this year's Royal Variety Performance.
8.30 The Cube. A physiotherapist and a secondary school teacher try to complete a series of increasingly difficult tasks, hoping to win a jackpot of £250,000. Presented by Phillip Schofield.
9.30 The Jonathan Ross Show. With Steve Coogan, Saoirse Ronan, Francesca Martinez and Will.i.am.
10.30 ITV News and Weather; Weather.
10.45 FILM: Parenthood (1989). Drama, with Steve Martin.
1.00am Jackpot247.
3.00 Ladette to Lady: Australia.
3.50 ITV Nightscreen.

CHANNEL 4

6.15am The Grid. 6.40 World Superbikes. 7.05 Brighton Marathon. 7.55 The Morning Line. 9.00 Everybody Loves Raymond. 10.00 Frasier. 11.00 The Big Bang Theory. 12.00pm The Simpsons. 12.35 Secret Millionaire Ireland. 1.40 Channel 4 Racing. Live coverage from Ayr and Newbury. **4.15 Come Dine with Me.**

6.55 Channel 4 News.
7.20 Grand Designs. A couple transforming 5,000sq ft of derelict basement.
8.15 Walking Through History. Tony Robinson goes on a four-day trek through the Kintail region of the Highlands, examining the story of the early 1700s Jacobite uprisings along the way. Last in the series.
9.20 FILM: The Twilight Saga: New Moon (2009). Vampire Edward leaves his human girlfriend Bella for her own safety, driving her into the arms of a werewolf. Romantic fantasy sequel, starring Kristen Stewart.
11.45 Derren Brown Investigates. The illusionist explores the world of Lou Gentile. Last in the series.
12.50am FILM: Double Jeopardy (1999). Thriller, starring Ashley Judd.
2.35 Hollyoaks.
4.35 Deal or No Deal.
5.30 Countdown.

CHANNEL 5

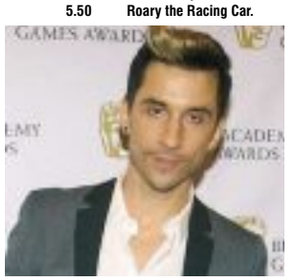
6.00am Milkshake! 10.00 Power Rangers: Super Samurai. 10.35 Batman: The Brave and the Bold. 11.00 Inside Hollywood. 11.05 The Removal Men. 12.05pm Nature Shock: The Blacktip Shark Mystery. 1.05 Robson's Extreme Fishing Challenge. 2.05 FILM: Cheaper By the Dozen (2003). Comedy remake, starring Steve Martin. **4.00 FILM: Apache (1954).** Western, starring Burt Lancaster. **5.45 5 News Weekend. 5.50 FILM: Cahill, US Marshal (1973).** Western, starring John Wayne.

7.40 FILM: Rocky IV (1985). The Italian Stallion steps into the ring against a seemingly invincible Russian boxer who caused the death of his friend. Drama, starring Sylvester Stallone and Dolph Lundgren.
9.30 International Boxing. Tyson Fury v Steve Cunningham.
11.00 Law & Order: Special Victims Unit. A wealthy couple are found dead.
11.55 Inside Hollywood.
12.05am SuperCasino.
3.50 Wildlife SOS.
4.40 County Secrets.
4.55 Hana's Helpline.
5.05 Angels of Jarm.
5.15 Roary the Racing Car.
5.25 The Funky Valley Show.
5.35 Hana's Helpline.
5.50 Roary the Racing Car.

The Voice UK, Saturday, BBC1, 8.20pm

The Many Faces of Michael Crawford, Saturday, BBC2, 8.30pm

Endeavour, Sunday, ITV, 8pm



Five Minutes to a Fortune, Sunday, Channel 4, 5.05pm

SUNDAY

BBC1

6.00am Breakfast. 7.00 Match of the Day. 8.30 London Marathon. The 33rd staging of the annual event. **2.00pm Sunday Politics.** Weather for the Week Ahead. **3.20 Points of View. 3.35 Lifeline. 3.45 Escape to the Country. 4.15 Songs of Praise. 5.00 Formula 1: Bahrain Grand Prix Highlights.**

6.35 BBC News; Regional News; Weather.
7.00 Countryfile. The team heads to Calderdale in West Yorkshire, before visiting the village of Haworth – where the Bronte family lived – and taking in the landscapes that inspired poet Ted Hughes.
8.00 Antiques Roadshow. From Castle Coole, near Enniskillen, Co Fermanagh.
9.00 The Village. The villagers gather for their annual wheelbarrow race.
10.00 BBC News; Regional News; Weather.
10.25 Match of the Day 2. Including highlights of Tottenham Hotspur v Manchester City.
11.25 Late Kick Off. A round-up of the weekend's local Football League action.
11.55 FILM: The Getaway (1994). Thriller remake, with Alec Baldwin and Kim Basinger.
1.45am Weatherview.
1.50 BBC News.

BBC2

6.00am This Is BBC2. 6.20 FILM: The Outlaw (1943). Western, starring Jane Russell. **8.15 Gardeners' World. 8.45 The A to Z of TV Gardening. 9.30 The Beechgrove Garden. 10.00 Saturday Kitchen Best Bites. 11.30 Paul Hollywood's Bread. 12.00pm Flog It! 1.00 Gymnastics: European Championships. 2.30 Live Snooker: The World Championship.** The afternoon session on day two at the Crucible Theatre in Sheffield.

6.00 Coast.
7.00 London Marathon Highlights. Action from the prestigious road race.
8.00 Bill Bailey's Jungle Hero. Part one of two. The comedian follows in the footsteps of Victorian naturalist Alfred Russel Wallace.
9.00 Toughest Place to Be a Binman – The Return. London dustman Wilbur Ramirez heads back to Jakarta, Indonesia.
10.00 Mock the Week Looks Back at Travel.
10.30 It's Kevin. Including music by Crab Marley.
11.00 Snooker: The World Championship.
11.50 Snooker: World Championships Extra. Extended highlights of a match from the first round.
1.50am Sign Zone: Holby City.
2.50 This Is BBC2.

ITV

6.00am CITV. 8.25 ITV News. 8.30 Country House Sunday. 9.25 The Jeremy Kyle Show USA. 10.20 Dickinson's Real Deal. 11.20 ITV News and Weather; Weather. **11.25 FILM: Columbo: Mind Over Mayhem (1974).** Detective drama, with Peter Falk. **12.55pm You've Been Framed! 1.25 Britain's Got Talent. 2.55 Food Glorious Food. 3.55 FILM: Jurassic Park (1993).** Action adventure, starring Sam Neill, Sam Neill, Laura Dern and Jeff Goldblum.

6.15 ITV News Anglia; Weather.
6.30 ITV News and Weather.
6.45 Catchphrase. Game show, hosted by Stephen Mulhern.
7.30 Off Their Rockers. An OAP attempts escapology for the first time.
8.00 Endeavour. Morse tries to outwit a serial killer.
10.00 Perspectives: Jonathan Ross: Alfred Hitchcock – Made in Britain. The life and career of the celebrated director.
11.00 ITV News and Weather; Weather.
11.15 Premiership Rugby Union. Action from the latest fixtures.
12.15am The Store.
2.15 British Superbike Championship Highlights.
3.10 Monk.
4.40 ITV Nightscreen.
5.05 The Jeremy Kyle Show.

CHANNEL 4

6.15am The Hoobs. 7.05 Freesports on 4. 7.35 Everybody Loves Raymond. 8.25 Frasier. 9.30 Sunday Brunch. 12.00pm The Big Bang Theory. Raj is named one of People magazine's "30 to Watch Under 30". **1.20 The Simpsons. 2.20 FILM: Meet Dave (2008).** Sci-fi comedy, starring Eddie Murphy. **4.05 Deal or No Deal. 5.05 Five Minutes to a Fortune.**

6.05 Channel 4 News.
6.30 Come Dine with Me.
7.30 FILM: The Karate Kid (2010). Premiere. An American youngster living in China falls foul of bullies, until a kung fu master teaches him to defend himself. Martial arts drama, with Jaden Smith and Jackie Chan.
10.15 FILM: Max Payne (2008). A tormented cop searches for his wife's killer while investigating a series of murders connected to a hallucinatory drug. Action thriller, starring Mark Wahlberg and Mila Kunis.
12.10am FILM: Enemy at the Gates (2001). Second World War drama, starring Jude Law.
2.25 Tumult. Bafta-nominated comedy short.
2.40 Inside Nature's Giants: The Big Cats.
3.35 Come Dine with Me.
4.30 Deal or No Deal.
5.25 Countdown.

CHANNEL 5

6.00am Milkshake! 10.05 Power Rangers: Super Samurai. 10.40 Batman: The Brave and the Bold. 11.10 Inside Hollywood. 11.15 Trauma Doctors. 12.15pm Cowboy Builders. 1.15 Rolf's Animal Clinic. 2.20 FILM: It Could Happen to You (1994). Comedy, with Nicolas Cage. **4.15 FILM: Little Women (1994).** Period drama, starring Winona Ryder.

6.30 5 News Weekend.
6.35 FILM: The Fifth Element (1997). Sci-fi adventure, starring Bruce Willis.
9.00 Once Upon a Time. Snow and Emma encounter danger and deception as they attempt to find a portal back to Storybrooke, while Henry needs rescuing after breaking in to Regina's vault.
10.00 Person of Interest. Reese tries to protect a psycho-therapist from contract killers. Last in the series.
10.55 FILM: Blood Work (2002). Crime thriller, directed by and starring Clint Eastwood.
1.05am SuperCasino.
3.55 Wildlife SOS.
4.45 County Secrets.
4.55 Hana's Helpline.
5.10 Angels of Jarm.
5.15 Roary the Racing Car.
5.25 The Funky Valley Show.
5.35 Hana's Helpline.
5.50 Roary the Racing Car.

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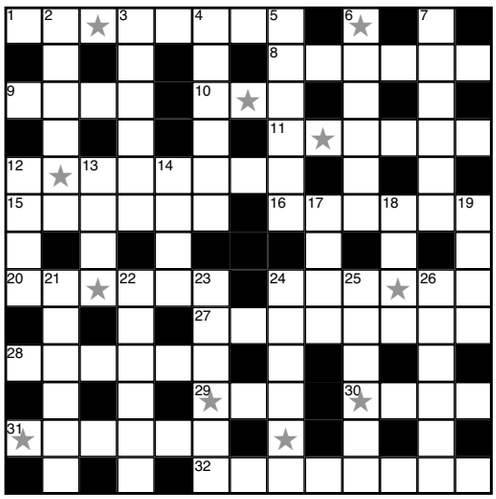
Your weekly puzzle challenge

No. 456

FOUR PAGES OF CROSSWORDS, QUIZZES, SUDOKUS, KAKUROS – AND MUCH, MUCH MORE

STARSPOT CROSSWORD

Can you find the celebrity name hidden in this Starspot Crossword? Complete the crossword in the normal way then make a note of the letters contained in all the squares which are marked with shaded stars. These letters will make an anagram of the name you are looking for.



ACROSS

1. Businessman, trader (8)
8. Tropical American lizard (6)
9. Explosive device (4)
10. Scarlet (3)
11. Type of printer (3-3)
12. Erstwhile (8)
15. Direct (anag.) (6)
16. Piercing (6)
20. Lunatic (6)
24. Building material (6)
27. Employs (8)
28. Author (6)
29. Prosecute (3)
30. Tropical vegetable (4)
31. Clumsy, awkward (6)
32. Brazilian city (3,5)

DOWN

2. Newspaper boss (6)
3. Masticated (6)
4. Dexterous (6)
5. Neatens (6)
6. Golf course hazard (6)
7. Ill (6)
12. Floating impurities (4)
13. Average (4)
14. Girl's name (4)
17. Part of foot (4)
18. ---- of March (4)
19. Permits (4)
21. Ventilation duct (6)
22. Undamaged (6)
23. Swears (6)
24. Roman statesman (6)
25. Yellow-flowered shrub (6)
26. Of the nervous system (6)

Each question has four possible answers and is worth from one to 15 points. Circle your chosen answers and keep a record of your points total. Maximum total points 120.

The Accumulator Quiz

QUESTION 1 – for 1 point:
Which of the following birds live in a colony called a rookery?
A Penguins
B Ostriches
C Chickens
D Crows

QUESTION 2 – for 2 points:
Who was the literary companion of Sherlock Holmes?
A Doctor Marten
B Doctor Johnson
C Doctor Watson
D Doctor Doyle

QUESTION 3 – for 3 points:
Which ingredient makes a pink gin pink?
A Cochineal
B Angostura bitters
C Tomato juice
D Red rum

QUESTION 4 – for 4 points:
Who was the employer of Parker the butler?
A Lady Godiva
B Lord Fauntleroy
C Lady Penelope
D Lord Greystoke

QUESTION 5 – for 5 points:
Which organisation was founded by Lord Baden-Powell?
A The Boy Scouts
B The Church Army
C The Combined Cadet Force
D The Boys' Brigade

QUESTION 6 – for 6 points:
On which of these mountains did Noah's Ark finally come to rest?
A Mount Ararat
B The Mount of Olives
C Mount Everest
D Mount David

Actress Melanie Griffith. See Question 10

QUESTION 7 – for 7 points:
Which fictional schoolboy was created by Anthony Buckeridge?
A William Brown
B Jennings
C Billy Bunter
D Tom Brown

QUESTION 8 – for 8 points:
In which Scottish city was tennis star Andy Murray born?
A Edinburgh
B Perth
C Glasgow
D Stirling

QUESTION 9 – for 9 points:
What mode of transport was called the Tin Lizzie?
A The ocean liner Queen Elizabeth
B The original World War I tank
C The model T Ford
D The first London omnibus

QUESTION 10 – for 10 points:
Melanie Griffith is the daughter of which other actress?
A Tippi Hedren
B Ursula Andress
C Patricia Neal
D Debbie Reynolds

QUESTION 11 – for 11 points:
Which animal supplies the milk for mozzarella cheese?
A Jacob sheep
B Camel
C Buffalo
D Ass

QUESTION 12 – for 12 points:
Which is the most southerly point in England?
A The Needles
B Portland Bill
C Lizard Point
D Dungeness Head

QUESTION 13 – for 13 points:
Which of these Lancastrian entertainers was born in Rochdale and died on the Isle of Capri?
A Ted Ray
B Eddie Calvert
C George Formby
D Gracie Fields

QUESTION 14 – for 14 points:
To which plant family does rhubarb belong?
A Brassica
B Lotus
C Hollyhock
D Dock

QUESTION 15 – for 15 points:
Who designed the formal gardens at Hidcote Manor in the Cotswolds?
A Major Lawrence Johnston
B Robert Adam
C Gertrude Jekyll
D Capability Brown

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SUDOKU

THERE is just one simple rule in Sudoku. Each row and each column must contain the numbers 1 to 9, and so must each 3 x 3 box.

Easy

	5	1		9	8	2		3
		9	1	5	7			
	7	8	4		2			5
		3	8		9			
	6	7		2				9
	1		3	6				
7					5		3	6
2					3	5		1
1				8		7		

Moderate

			8	2	9			
7					1	8		4
			6			5		
3							1	
	5	6	9		3			
				4				
	6	1						
8						6		
		4	2	9		1		

Difficult

								6
8		1						
9				6		7	3	
			1	5				
	4		6			3		2
		3	9		2			
	2			3	8	6		
7							8	
			7		5			

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Your weekly puzzle challenge

CROSS CODE

■	2	■	18	26	9	4	21	6	24	■	21	■
11	26	20	6	■	8	■	6	■	26	14	25	9
■	3	■	25	4	4	13	24	6	3	■	5	■
12	25	8	9	■	21	■	24	■	4	23	8	16
8	■	20	■	22	6	9	26	15	■	13	■	26
1	26	14	6	24	20	■	24	18	10	19	6	4
4	■	26	■	8	■	■	■	6	■	7	■	21
25	4	9	6	6	16	■	14	25	2	13	13	19
15	■	14	■	17	9	6	6	21	■	25	■	6
4	21	6	15	■	13	■	21	■	4	21	13	20
■	18	■	25	8	24	16	26	24	21	■	20	■
19	8	4	4	■	25	■	6	■	25	9	21	26
■	20	■	18	26	9	8	3	25	10	■	26	■

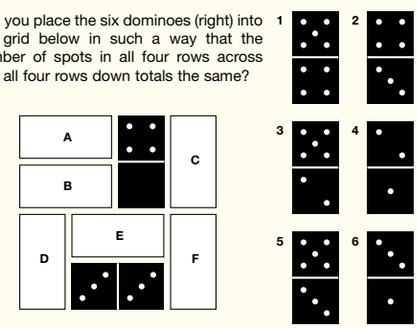
ABCDEFGHIJKLMNOPQRSTUVWXYZ

1	2	3 D	4 S	5	6	7	8	9	10	11	12	13 U
14	15	16	17	18	19	20	21	22	23	24	25	26

Each number in the Cross Code grid represents a different letter of the alphabet. You have three letters in the control grid to start you off. Enter them in the appropriate squares in the main grid, then use your knowledge of words to work out which letters should go in the missing squares.
As you get the letters, fill in other squares with the same number in the main grid and control grid. Check off the alphabetical list of letters as you identify them.

SPOT CHECK

Can you place the six dominoes (right) into the grid below in such a way that the number of spots in all four rows across and all four rows down totals the same?



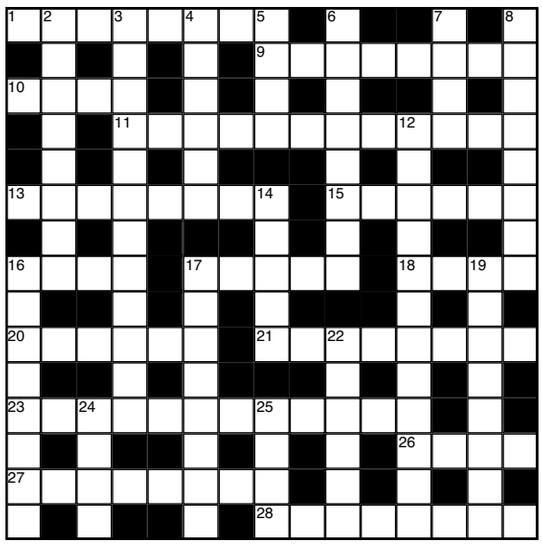
PATHWORDS

Starting from the central shaded letter, move one letter at a time (up, down, right or left, but not diagonally) to find 12 domestic electrical appliances.

E	R	T	T	F	R	Z	E	R	N	E
Y	K	E	L	E	E	E	P	D	F	V
A	L	S	S	E	C	O	R	O	O	O
D	P	O	R	M	I	C	R	O	W	E
V	D	R	E	F	T	A	F	P	A	V
A	C	H	V	R	D	H	W	E	T	S
M	N	I	O	Y	I	S	A	E	E	A
G	E	H	O	E	R	T	S	D	R	O
N	C	E	R	O	E	U	H	E	R	T
I	O	R	D	E	D	M	B	L	E	D
H	S	A	W	R	I	V	R	E	Y	R

General Knowledge Crossword

Who? .... Why? .... How? When? ..... Where?



ACROSS

1. Aromatic plant used in seasoning (8)
9. African tick bird (8)
10. Another name for the aurochs, a wild ox (4)
11. Plateau region of north-west Romania (12)
13. Captain of Pharaoh's guard who imprisoned Joseph (Genesis 39:1) (8)
15. North American deer (6)
16. Sour blue-black fruit of the blackthorn (4)
17. Exhibiting sudden bursts or outbursts, as sound or laughter. (5)
18. Ogden ----, US writer and lyricist, 1902-1971 (4)
20. Young raggedly-dressed mischievous child (6)
21. Coaster placed under plates, dishes etc. (5-3)
23. 1945 film based on a comedy by Noël Coward (6,6)
26. Great ----, river flowing through Bedford (4)
27. Large white Danish breed of pig (8)
28. Time of financial need (5,3)

DOWN

2. Part of aircraft that produces lift or control (8)
3. Without great effort or trouble (4,4,4)
4. Capital of Saudi Arabia (6)
5. Non-flowering plant growing in dense mats (4)
6. Passage for overflow water (8)
7. Solid surface layer on a liquid (4)
8. Conspicuously unconventional (8)
12. Surgical operation that's usually done as an emergency (12)
14. Take examination again (5)
16. Quarrel over petty points (8)
17. Dark grey alloy (8)
19. Historical word for a Russian village headman (8)
22. Tall graceful dog, the Russian wolfhound (6)
24. Site of monastery on an Inner Hebridean island (4)
25. Member of the nobility in Great Britain and Northern Ireland (4)

WORD WIZARD

Here is an unusual word with three definitions, only one of which is correct. Can you identify the right definition?

ORTOLAN

1) *A basket used by Italian peasants for transporting olives;*
2) *A kind of bunting, common in Europe, and eaten as a delicacy;*
3) *A very strong artificial fibre, used in the manufacture of mountaineering ropes.*

DIALLING CODES

Telephone dialling pads combine several letters on one key. Here we have encoded several sets of words or items by using numbers rather than letters. Then we have divided them into groups of three characters and run all the names one after another to make your task a little more difficult. Can you crack the code?

Spaces and any punctuation marks are represented by 1.

1. *indoor and party games*

843 359 946 571 727 718
431 727 235 142 646 261
242 723 371 687 422 512
424 771 746 225 516 684
487 126 312 767 737 136
733 487

2. *pop groups from the 1980s*

266 686 273 714 862 615
324 831 276 717 381 746
712 697 138 726 138 726
137 265 431 463 718 614
655 996 631 285 887 312
582 176 542 3

3. *US state capitals*

533 337 766 124 891 466
658 581 746 364 912 427
537 866 172 682 133 133
683 712 852 682 154 885
317 625 126 586 242 172
272 636 86

4. *famous women*

627 431 287 431 583 914
275 263 172 724 123 764
273 816 262 917 324 261
228 437 463 133 638 831
227 227 214 379 678 415
366 915 463

5. *London underground stations*

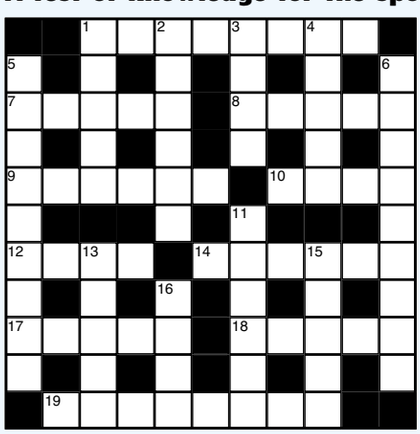
493 317 275 126 763 716
272 531 272 417 688 415
367 464 866 186 883 642
612 687 817 623 174 222
345 591 247 287 154 837
766 517 873 38

6. *instruments not usually in an orchestra*

224 747 371 783 351 378
616 673 135 883 142 766
648 617 426 612 226 734
661 227 735 167 426 185
853 531 429 244 261 484
827 152 966

SPORTSWORD

A test of knowledge for the sporting enthusiast



ACROSS

1. Chelsea, Newcastle and Nigeria defender or midfielder (8)
7. To ----- Mou, 2000 Guineas winner in 1981 (5)
8. Costantino -----, Italian golfer (5)
9. Michael ------, Australia outside-half (6)
10. Bishen ----, India spinner (4)
12. Peter ----, England spinner (4)
14. Wolves and Australia defender (6)
17. ----- Heskey, England striker (5)
18. & 2 Down. Cricket ground in Nottingham (5,6)
19. Sports venue in Cape Town (8)

DOWN

1. Craig -----, Aberdeen manager (5)
2. See 18 Across
3. Venue of the Ebor Handicap (4)
4. Stephen -----, 1987 Tour de France winner (5)
5. Gary ---------, Man Utd defender (9)
6. Argentina striker (9)
11. Jenson ------, F1 world champion (6)
13. ----- Brittain, trainer of two 1000 Guineas winners (5)
15. Viswanathan Anand is world champion in this game (5)
16. A nickname of Motherwell FC (4)

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Your weekly puzzle challenge

SIGNWORD

In this crossword the clues are printed in what would normally be the 'black' squares. Follow the signs from each clue to find where the word should fit.

Corres-pondent
Break off
Moves stealthily
Mental approach
Work steadily at
Stepped
Burn ------ Waugh, novelist
Company (inits.)
Felt hat
Stealing
Bus garage
---- -crafty
Spoke wildly
For each
Looked closely
Girl's name
Mis-represent
Helter - -------
Asian peninsula
Cabled
Hit high
Long fish
Jane ----, novel
Airman
Frank -------, footballer (pic)
On the summit
Choose
Metal ore
Recess
Reserve player (inf.)
Punitive
--- Kilmer, US actor
Fiend
Garment
Thus
Name
Imperial weight
Transfer
Sections of writing
Female pronoun
You (archaic)
Hat
Erotic
Units of liquid
Dress
Bazaar
Domestic fuel
Mexican dollar
Get married
---- Romeo, car manu-facturer
Artefact
Protective garment
Daydream
Sporting official (abbrev.)
Killer whale
Gamble
Chopper
Ascribes
Era
Graham ------, novelist
Rind
Properly
Mother (inf.)
Welsh river
Gospel writer
Land measure
Obese
Japanese beverage
Lawn
Vehicle
--- Reeves, comedian
Bundle
Amass money (4,2)
Affirm
Colom-bian singer (pic)
Lady's fingers
Joins
Chilled

CON TRICK

In this crossword we have removed all the vowels and just left the consonants. Can you fill in the gaps, using only the five vowels (A, E, I, O, U) to complete the grid?

L		P	S	T		C	K	■	T		G	S
	■		■	R	■		■	C	■	L	■	H
C		L	L		R	S	■		R	R		R
H	■	K	■	D	■		N	N	■		■	
■	C		S			N	■	S	W		M	P
D	■	■	K	■	D		S		■	D	■	N
	N	C		S		■		R	G	Y	L	
S	■	L	■	T		S	K	■		■	■	L
P	L		Z		■	C		S	S	N		■
	■	R	■	M		R	■	K	■		■	F
S	H		N		■		M		T		T	
	■		■	N	■	B	■	R	■	R	■	R
L		N	S	■	J		T	T		S		N

COMMON LINK

The answers to the following five questions contain a word or words which have a common theme. Can you find the link?

1. What name did Beatrix Potter give to the female hedgehog character in her children's tales?
2. What name is given to an explosive device which can be attached to a ship's hull?
3. What are the pieces of choice meat lying between the thighs and the backbone of a chicken called?
4. What US slang word for a dollar derives from a form of currency once used by native North Americans?
5. Which famous nebula is a supernova remnant in the constellation of Taurus?

MISSING LINK

Each pair of words has a missing word between them that acts as a link to both (e.g. FRONT – DOOR – MAT). The initial letters of the six answers (reading downwards) will spell out a songbird.

BOTTLE	– – –	**HAT**
GREY	– – – –	**NET**
OILY	– – –	**DOLL**
DOWN	– – – – –	**TOW**
QUICK	– – – –	**DUNE**
HEDGE	– – –	**ROAST**

MAKE A DATE

In which year did all three of these significant historical events take place?

1. Utah becomes the 45th state of the United States of America.
2. Yorkshire set a new record single innings total of 887 runs against Warwickshire in cricket's county championship.
3. The first modern Olympic Games opens in Athens.

WAS IT? a) 1892; b) 1896; c) 1900; d) 1904; e) 1908.

.... and in which year did all three of these events take place?

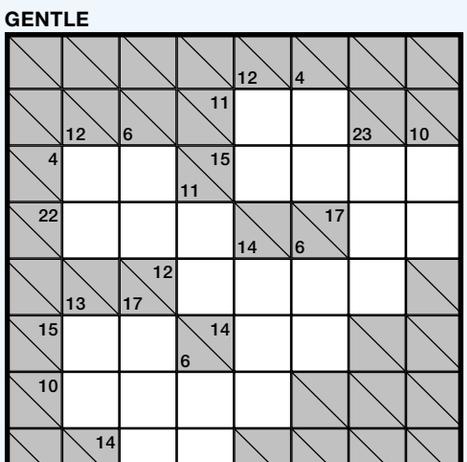
1. The first Polaris nuclear submarines arrive at Holy Loch, Scotland.
2. The year's date can be read either way up, the first time this has happened since 1881 and never to be repeated until 6009.
3. The farthing coin, in circulation since the 13th century, ceases to be legal tender.

WAS IT? a) 1959; b) 1960; c) 1961; d) 1962; e) 1963.

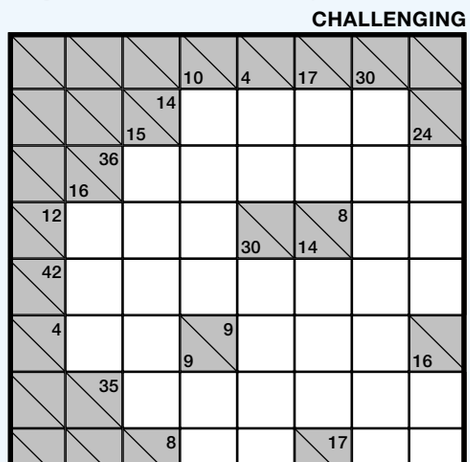
KAKURO

Fill in the blank squares with numbers so that each horizontal or vertical line adds up to the total given in the box either to the left or above it. You can use the numbers 1 to 9, but only once in any run. The number may be used again in the same row or column but as part of another run.

GENTLE



CHALLENGING



puzzle drome

Your weekly puzzle challenge

Giant Double Crossword

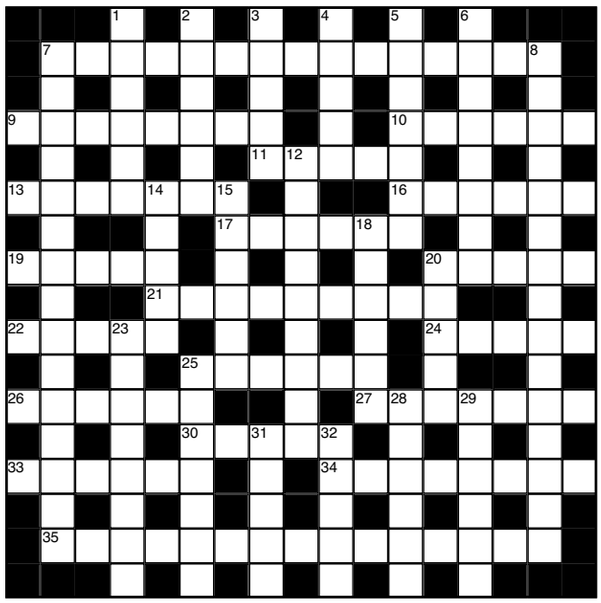
CRYPTIC CLUES

ACROSS

7. Doubly waggish Fido is so happy? (3,4,3,5)
9. Moved hesitantly, having left a remarkable revolutionary (8)
10. Large number of good tumours! (6)
11. Man had a new dream (not in the morning) (5)
13. Copes with controls (7)
16. Where novel and ancient craft can coexist (6)
17. Ratted about a group of four (6)
19. Be eager to accept drink when out of bed (3,2)
20. Notice chap who's an advertising employee (5)
21. Disaffected red agents removed (9)
22. Work into the shape of a matrix (5)
24. A fit, more or less (5)
25. It's natural that it should be inherited from parents (6)
26. Fine alternative for punishment (6)
27. Mixture of seaweed within a couple of miles (7)
30. Tonic for frolicking foals (3-2)
33. Wait around quietly for one large deer (6)
34. One over the eight? (8)
35. Result of an amusing case? (8,2,5)

DOWN

1. A gun has been sawn off for the lady (6)
2. Go through amended recipe (6)
3. Lady's unexpected hoard (5)
4. Pulls up the turf (5)
5. Payment for clerical work (7)
6. William was in debt – it went in waves (8)
7. Stud at the entrance is comparatively late (4,2,1,8)
8. Medium to excellent biologist (15)
12. Floating on raft, nothing very loud nearby (3,3,3)
14. Was surprised in an open fashion (5)
15. Say and indefinite number are on New York island (6)
18. Pain again developed round neck initially (6)
20. Daniel admitted to motoring organisation in Turkey (5)
23. Left us with many debts – how delightful! (8)
25. Perception that it can be seen (7)
28. Come round to entertain team in the country (6)
29. Legitimate number had terrible following (6)
31. Nothing daughter was very fond of (5)
32. Bill to deliver bitter (5)



QUICK CLUES

ACROSS

7. Tonga (8,7)
9. Egregious (8)
10. Spiteful (6)
11. Reddish dye (5)
13. Collector (7)
16. Subordinate official (6)
17. Greek department (6)
19. Infectious disease (5)
20. Lean forward (5)
21. Racket game (9)
22. Apply the mind (5)
24. Diminish (5)
25. Fat (6)
26. Child care facility (6)
27. Disloyalty (7)
30. Nerve (anag.) (5)
33. Gun tower (6)
34. Minor (5,3)
35. Attack unfairly (3,5,3,4)

DOWN

1. Larger (6)
2. Enter forcibly (6)
3. Fabric (5)
4. Wild ox (5)
5. South-eastern US state (7)
6. Intuition (8)
7. Completed the stroke (8,7)
8. Particular way of thinking (6,2,7)
12. Disentangle (9)
14. Horse race (5)
15. Attacker (6)
18. Piece of meat (6)
20. Nears (anag.) (5)
23. Adorn (8)
25. Well-bred (7)
28. Steering device (6)
29. Pilots (6)
31. Snake poison (5)
32. Corroded (5)

WORDSEARCH

Can you find the ten countries which fall within European borders hidden in this wordsearch? The answers can be found running backwards or forwards, horizontal, vertical or diagonal.

1. ANDORRA
2. BULGARIA
3. GERMANY
4. KAZAKHSTAN
5. LITHUANIA
6. MOLDOVA
7. MONTENEGRO
8. PORTUGAL
9. SAN MARINO
10. VATICAN CITY

N	A	R	R	O	D	N	A	H	G	R	I
O	A	Z	Y	S	U	Q	U	E	M	B	Y
R	U	T	P	E	V	I	R	A	U	T	K
G	L	O	S	A	N	M	A	R	I	N	O
E	S	M	T	H	A	W	K	C	A	H	P
N	G	O	F	N	K	I	N	E	J	O	T
E	R	L	Y	E	M	A	X	A	R	H	W
T	I	D	A	N	C	O	Z	T	E	L	F
N	G	O	L	I	T	H	U	A	N	I	A
O	E	V	T	W	U	G	Y	C	K	E	J
M	D	A	N	R	A	K	U	V	O	L	S
A	V	B	U	L	G	A	R	I	A	C	D

TRAINS OF THOUGHT

What words link the following definitions?

H _ _ _ _ _

1. a comb for flax;
2. a neck feather;
3. a fishing fly;
4. a feather plume.

_ _ _ _ _ _ F _

1. to establish the nature of something;
2. to associate closely;
3. to feel in sympathy.

TRANSFORMERS

Add the letters of the first word to make a new word with the additional letter(s) provided.

Clue: Sharp becomes increasingly pungent.

_ _ _ _ + R
= _ _ R _ _

Clue: Boast of making an extra capture.

_ _ _ + R
= _ R _ _

ALL THE ANSWERS

Giant Double Crossword

Cryptic: Across – 7 Dog with two tails; 9 Faltered; 10 Polyp; 11 Andre; 13 Manages; 16 Nevark; 17 Tetrad; 19 Lap up; 20 Adman; 21 Estranged; 22 Mould; 24 About; 25 Inborn; 26 Prison; 27 Amalgam; 30 Sol-fa; 33 Wapiti; 34 Coxswain; 35 Laughter in court.

Down – 1 Agatha; 2 Pierce; 3 Rhoda; 4 Sward; 5 Stipend; 6 Billowed; 7 Dead as a doornail; 8 Supernaturalist; 12 Not far off; 14 Gaped; 15 Staten; 18 Angina; 20 Adana; 23 Luscious; 25 Insight; 28 Mexico; 29 Lawful; 31 Loved; 32 Acrid.

Quick: Across – 7 Friendly islands; 9 Flagrant; 10 Bitchy; 11 Henna; 13 Hoarder; 16 Milion; 17 Attica; 19 Fever; 20 Stoop; 21 Badminton; 22 Study; 24 Abate; 25 Grease; 26 Crèche; 27 Treason; 30 Never; 33 Turret; 34 Under age; 35 Hit below the belt.

Down – 1 Bigger; 2 Invade; 3 Cloth; 4 Bison; 5 Alabama; 6 Instinct; 7 Followed through; 8 School of thought; 12 Extricate; 14 Derby; 15 Raider; 18 Cutlet; 20 Snare; 23 Decorate; 25 Genteel; 28 Rudder; 29 Airmen; 31 Venom; 32 Rusty.

Trains of Thought

1. Hackle.
2. Identify.

Transformers

1. Acid + R = Acrid.
2. Bag + R = Brag.

Giant Double Crossword

3. Jefferson City; Honolulu; Phoenix; Charleston; Santa Fe; Denver; Atlanta; Little Rock; Columbia; Sacramento.
4. Marie Curie; Judy Garland; Sarah Bernhardt; Nancy Reagan; Catherine Deneuve; Barbara Hepworth; Jenny Lind.
5. Hyde Park Corner; Marble Arch; South Kensington; Tottenham Court Road; Piccadilly Circus; Liverpool Street.
6. bagpipes; steel drum; nose flute; harmonium; piano accordion; barrel organ; ukulele; Hawaiian guitar; kazoo.

Pathwords

dishwasher; toaster; deep-fat fryer; tumble dryer; video recorder; washing machine; Hoover; microwave oven; food processor; DVD player; kettle; freezer.

Sportsword

Across – 1 Babayaro; 7 Agoni; 8 Rocca; 9 Lynagh; 10 Bed; 12 Such; 14 Muscat; 17 Emile; 18 Trent; 19 Newlands.

Down – 1 Brown; 2 Bridge; 3 York; 4 Roche; 5 Pallister; 6 Batistuta; 11 Button; 13 Clive; 15 Chess; 16 Well; 17 Squabble; 17 Gunnetal; 19 Starosta; 22 Borzoi; 24 Iona; 25 Peer; 26 Rainy day.

Down – 2 Aeroforil; 3 Just like that; 4 Riyadh; 5 Moss; 6 Spillway; 7 Skin; 8 Freakish; 12 Appendectomy; 14 Resit; 16 Ploughman; 17 Gunnetal; 19 Wapiti; 16 Sloe; 17 Gusty; 18 Nash; 20 Urchin; 21 Table-mat; 23 Blithe Spirit; 26 Ouse; 27 Landrace; 28 Cursed; 24 Cicero; 25 Mimosa; 26 Neural.

Star Name: ROBSON GREEN

General Knowledge Crossword

Across – 1 Marjoram; 9 Oxpecker; 10 Urus; 11 Transylvania; 13 Potpourri; 15 Scum; 13 Mean; 14 Tina; 17 Heel; 18 Ides; 19 Left; 21 Airway; 23 Intact; 23 Curses; 24 Cicero; 25 Mimosa; 26 Neural.

Down – 2 Editor; 3 Chewed; 4 Adroit; 5 Tidies; 6 Bunker; 7 Unwell; 12 Sao Paulo.

Down – 2 Cement; 27 Utilises; 28 Maniac; 24 Cement; 27 Utilises; 28 Writer; 29 Sue; 30 Okra; 31 Gauche; 32 Sao Paulo.

Accumulator Quiz

1 – A; 2 – C; 3 – B; 4 – C; 5 – A; 6 – A; 7 – B; 8 – C; 9 – C; 10 – A; 11 – C; 12 – C; 13 – D; 14 – D; 15 – A.

Starspot Crossword

Across – 1 Merchant; 8 Iguana; 9 Mine; 10 Red; 11 Ink-jet; 12 Sometime; 15 Credit; 16 Shilli; 20 Maniac; 24 Cement; 27 Utilises; 28 Writer; 29 Sue; 30 Okra; 31 Gauche; 32 Sao Paulo.

Down – 2 Editor; 3 Chewed; 4 Adroit; 5 Tidies; 6 Bunker; 7 Unwell; 12 Scum; 13 Mean; 14 Tina; 17 Heel; 18 Ides; 19 Left; 21 Airway; 23 Intact; 23 Curses; 24 Cicero; 25 Mimosa; 26 Neural.

SIGNWORD

KAKURO GENTLE

KAKURO CHALLENGING

WORDSEARCH

CON TRICK

CROSS CODE

SUDOKU EASY

SUDOKU MODERATE

SUDOKU DIFFICULT

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Battery boost for Leaf

THE next generation of Nissan's all-electric Leaf has arrived – and for the first time, buyers can lease batteries for the 100 per cent electric car and choose one of three trim levels.

A new pricing structure has been introduced to reflect the three trim levels and the battery-leasing options now available – but things are far from complicated. Cars bought with leased batteries will be known as 'Flex' models and buyers will be able to get behind the wheel of an entry-level Visia Leaf on that basis for £15,990 (after receipt of the Government's £5,000 plug-in grant).

The separate battery lease payment ranges from just £70 per month depending on the length of the contract and mileage covered.

The highest price anyone will pay for a Leaf is £25,490 (again, after receipt of the grant). This will be for a top-of-the-range Tekna Leaf, with the battery bought outright.

THE NEW NISSAN LEAF: **Improved range and now with prices starting at £15,990 after receipt of plug-in grant**

The new Leaf features more than 100 improvements over its predecessor – many made as a result of feedback from Nissan's active community of Leaf owners.

Most notably, the car's range has been extended from 109 miles to 124 miles. And its battery is capable of recharging in about half the time of the first-generation Leaf.

The longer range has been achieved by improving the Leaf's aerodynamics and its regenerative braking system and a more efficient E-powertrain. The real world range has also been improved with the introduction of a new heating system which is 70 per cent more efficient through the use of a heat pump in the system.

But that's far from the whole story. New interior trim, the addition of Nissan's Around View Monitor technology and new suspension settings specifically tailored for European roads build on the Leaf's unique driving experience.

The three trim levels available to UK buyers are Visia, Acenta and Tekna. All models have increased boot space because of the relocation of the charging point and an enhanced interior trim. There is a height adjust facility on both front seats and more foot space for passengers.

Jim Wright, managing director of Nissan GB, said: "We are very proud of the new Nissan LEAF, which underlines our commitment to the future of electric motoring."

Average cost of a used car is £7,000

THE latest figures from BCA on used car prices show that the headline average value declined by 0.7 per cent in March, although year-on-year values were up by more than 17 per cent.

For the fourth month running, average used car values remained at £7,000 or more.

Across the board, used cars averaged £7,000 last month, down by £56 compared to February but significantly ahead of March 2012 by £1,026 (17.1 per cent).

Fleet and lease values fell back slightly from the record levels achieved in February, while dealer part-exchange values climbed marginally.

However, post-Easter, buyer demand has weakened and conversion rates have fallen in the first week of April, suggesting there will be some pressure on values in the weeks ahead.

Simon Henstock, BCA's UK operations director, says: "Although average values continue at near record levels, prices are high, largely as a result of the constricted supply rather than strong demand.

"When seasonal variations result in the available volumes rising, the effects are quite quickly seen in the remarketing arena."

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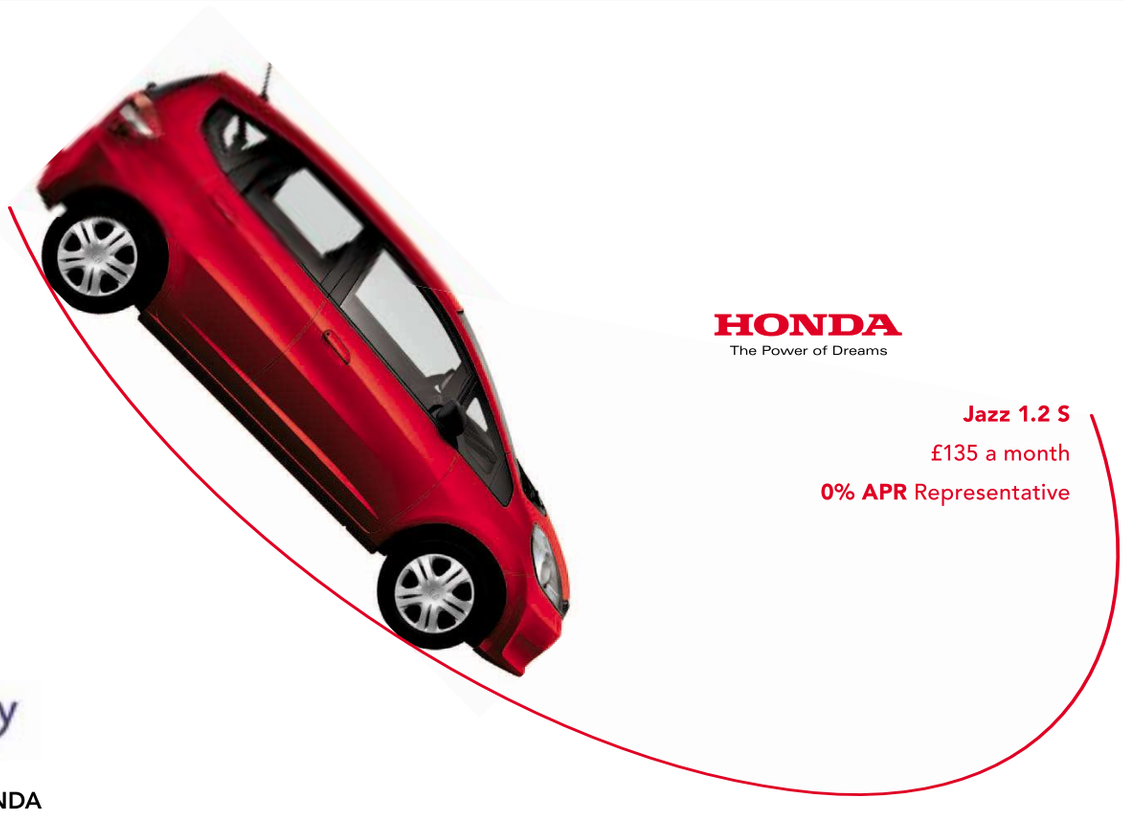

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Fuel consumption figures for the Jazz 1.2 i-VTEC in mpg (l/100km): Urban 42.8 - 45.6 (6.6 - 6.2), Extra Urban 61.4 (4.6), Combined 53.3 - 54.3 (5.3 - 5.2). CO_2 emissions: 123 – 120g/km.

Model shown: Jazz 1.2 i-VTEC S Manual in Milano Red at £11,695 On The Road. **Terms and conditions:** New retail Jazz 1.2 i-VTEC registrations from 2 April 2013 to 30 June 2013. Subject to model and colour availability. Offers applicable at participating dealers and are at the promoter's absolute discretion. **Honda Aspirations (PCP):** £135 per month example based on Jazz 1.2 i-VTEC S Manual in solid paint at £11,695 total cash price (and total amount payable) with 36 months' **0% APR Representative** (interest rate per annum 0% fixed) with £2,297.74 (20%) deposit, Guaranteed Future Value / Optional Final Payment , annual mileage of 10,000 and excess mileage charge: 3p per mile. You do not have to pay the Final Payment if you return the car at the end of the agreement and you have paid all other amounts due, the vehicle is in good condition and has been serviced in accordance with the Honda service book and the maximum annual mileage has not been exceeded. Indemnities may be required in certain circumstances. Finance is only available to persons aged 18 or over, subject to status. All figures are correct at time of publication but may be subject to change. Credit provided by Honda Finance Europe Plc. 470 London Road, Slough, Berkshire SL3 8QY.

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(X Reg 2000)
599cc, Manual 6 Speed, 9,343 miles, Green, MOT 19/03/2014, Tax SORN, 2 former keepers. Stunning low mileage bike, very clean condition. Great colour scheme. Less than 50 miles since last MOT. Comes with race can colour coded rear hugger and screen plus extras

£2,250

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BMW

1999 (V) BMW 323i Convertible

Silver, 98k, Immobiliser, M-Tech body kit, Alloys, Switchable sport auto gearbox, Rear parking sensors, E/Roof, E/W, E/M, E/front seats, M-Tech steering wheel, Driver/passenger airbags, climate, A\C, Front centre armrest, Radio/CD, FSH. MOT Jul '13, Great car in vgc

£2,750 ono

07753 744557

BMW

BMW 630i

3L sport coupe, automatic, petrol, September 2005, stratos silver, cream leather, 59,000 miles, Alloys, Cruise Control, H/Seats, park assist, navigation system, FBMWSH, e/f/seats, rain sensors, ski hat, 12 Months MOT, taxed, excellent condition

£9,950

01954 781853

BMW 750i

Facelift Model, Petrol, 2006, Black, 50,000 miles,Black Leather, Digital Tv, Dvd, Sat Nav, Voice Recognition, CD Multi Changer, Heated Seats & Steering Wheel, FSH, Tax & MOT to June, just serviced, new tyres all round, private plate not included NO CANVASSERS.

£10,500 OVNO

01440 783485
07715 169419

BMW X3 Sport Auto

Petrol, 2004, Blue, 67,000 miles, 3 litre, 4 months Tax, 4 months MOT, good condition

£7500

07939 893706

BMW Z4 2.5i SE

petrol, 2003 (53) dark blue, 78,300 miles, 2 door, convertible, manual, 9 months MOT, 11,000 miles until next service inspection, FSH, Black leather heated seats, Xenon Headlights, Twin exhaust pipes, M Sport gear knob, 18" alloy wheels. Really great car, will be very sorry to see it go, new baby forces sale!

£5,800 ono

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Newmarket News Classifieds

Citroen

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£3,950

01223 871223

Sport on Monday Cambridge News

Commercials

Transit 1999 (T) 2.5 Diesel SWB

van, 2 owners, 68K miles, air con, PAS, CDL with remote Alarm, CD player, Internal Racking and storage boxes taxed July, 1 years MOT

£1,500 ono + VAT

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Ford

Ford C-Max 1.8 Zetec

2003 (53), 68,000 miles, service history, MOT until Sept, no tax, heated front and rear screens, E/W, A/C, genuine reason for sale, exceptional example of a versatile family car, priced for a quick sale

£3,099 ono

07815 051227

FORD FOCUS 1.6 LX 5dr. W Reg. Silver, 127k miles. Service history. Taxed. 12mths MOT. V.g.c. £700. Tel. 07876 434 634

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03 03 Mini One 1.6, 3 door, metallic blue, A/C, alloys, heated front seats, heated front screen, 59k miles **£4,695**
06 55 Vauxhall Corsa 1.4 Design, 5 door, automatic, A/C, RCL, electric windows, 57k miles **£3,995**
08 08 Chevrolet Matiz 1.0 SE +, 5 door, metallic bright blue, A/C, only 15k miles **£3,995**
04 54 Hyundai Getz CDX 1.3, 5 door, silver, A/C, alloys, electric sunroof, 60k miles **£3,495**
03 53 Seat Leon 1.9 SX TDi 110, 5 door, good specs, 83k miles **£3,495**
04 04 Vauxhall Astra 1.6 Club Auto, 5 door, silver, A/C, remote locking, electric windows, Only 22k miles **£3,495**
03 03 Volkswagen Golf 1.6 SE, 5 door, metallic red, climate control, electric windows, remote central locking, 84k miles **£3,395**
04 53 Hyundai Getz CDX 1.1, 5 door, metallic blue, A/C, electric windows, electric mirrors, 54k miles **£3,195**
03 53 Ford Focus 1.6 Lx Estate, Black, A/C, RCL, electric windows, only 30k miles **£2,995**
02 52 Vauxhall Corsa 1.2 SXi, 3 door, silver, A/C, alloys, 1 owner, only 40k miles **£2,995**
03 53 Peugeot 206 GLX, 3 door, silver blue, climate control, alloys, electric windows,83k miles **£2,995**
04 04 Vauxhall Meriva Enjoy, 5 door, silver, a/c, only 42k miles **£2,995**
04 04 Ford Transit Connect L230 1.8 diesel, side loading door, ply lined,, no VAT, 101k miles **£2,995**
05 55 Citroen Picasso 2.0 Hdi LX, silver, electric windows, central locking, 103k miles **£2,995**
04 53 Ford KA 1.3, 3 door, blue, only 37k miles **£2,495**
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00 W Vauxhall Astra 1.6 Club Auto, 5 door, metallic blue, electric front windows, central locking, A/C, 61k miles **£1,495**
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Ford

Ford Fiesta

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01223 233617

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£875

07881 633006
01223 214818 t
Cambridge

Ford Fiesta Style 1.2

Petrol, 2007, Silver, 3 door, Manual, Serviced Sept 2012, MOT til Sept 2013, 11 months Tax, Electric front windows, Power steering, CD radio & Aux cable for Ipod, Excellent condition inside & out, Low mileage, Very reliable.

£3,800 ovno

07999 348494

Ford Focus

1.6 TDCI 5 door estate, manual, diesel, 2006 (56) Black, 120,000 miles, long mot & tax, a/c, PAS, e/w, CD player, 1 former keeper, FSH, recent cambelt, good condition throughout

£2,995 ono

07790 681317
01954 205603

Ford Puma 1.4 16V

1998, Petrol, 3 door hatchback, Silver, 92,000 miles, Service history, Tax until July 2013, MOT until Jan 2014

£850

07863 945038

FORD Focus 2.0 Ghia

5 door hatch, 51 plate, 70K, Mot Feb 2012 and taxed Nov 2011, red, All Mod Cons,1 owner, serviced

£1,150

01223 564330 M
07720297822.
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HONDA Civic 1.8 Vtec SE, 5 door, 2006, 56 Plate, Silver, Only 27,000 Miles, FSH, 1 Owner, PAS, C/locking, E/windows, Airbags, A/C, Alloys, Radio/CD Player, Colour Coded Bumpers & Mirrors, Immobiliser, Long MOT, Warranty, Excellent Condition. £6,850. Tel: 01799 584327 / 07779 5 5 7 2 6 7 www.rowleyscars.co.uk t

Honda Civic 1.6i SE Automatic

76k miles, FSH, VGC, Recent Service etc £319 Receipts Enclosed. MOT Nov, Drives as New. Part Exchange possible.

£850

07500 307301 t

Honda Civic 1.8 i-vtec SE

2009 (09), only 18,000 miles, Alloys, Leather interior, 6 speed manual, Petrol, 1 lady owner, 12 months MOT and 12 months Tax, FSH, recent full service, excellent condition

£8,500 ono

01223 501322
07907 995531

Honda Civic Imagine automatic

1600cc, 5 door hatchback, 2003, metallic silver, 39,500 miles with all old MOTs and full service history/records, MOT Feb '14, tax 09/13, air con, etc. One previous owner, really Immaculate condition with full book pack Two keys with remotes superb car but now have 4 wheel drive

£2,950

07760 218666
St Ives

Honda Jazz 1.2L

I-VTEC SE, manual, 2009, 5 door, full MOT & Service, 21,400 miles, good tread, blue, CD player/iPod/MP3, r/c/l, alarm, immob, ABS, A\C, FSH

£6,400 ono

07966 181233

Jaguar

Jaguar XK8

Petrol, 2002, Silver, 78,000 miles, FSH, 1 Years MOT, 2 owners from new, new tyres all round on 20" Paris Alloys, CD Multichanger, looked after by me for last 9 years, no expense spared NO CANVASSERS.

£8,250 ovno

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07715 169419

Jaguar XKR

1998, Coupe, 4 litre Supercharged Automatic, 37,000 miles genuine, Gleaming Red with Ivory leather, Harmon-Kardon Premium Sound, CATS Suspension, Tax & MOT Nov '13, FSH, Beautiful condition, Only used dry. Personal plate included

£8,450 ono

07703 112842
Haverhill

Mazda

Mazda Capella 2

2005, 26k, 1400cc, Immaculate condition, 6 months Tax, 12 months MOT, FSH, Alloys, A\C, 5 door, Metallic blue, Colour coded

£2,995 ovno

01480 389947
07791 933133

Mazda MX-5

MK2, 1.8, 2001, V reg'd, Mazda red, 6 months MOT, New Hood May 2012, New Paintwork in August 2012, excellent condition, a great drive, perfect for summertime, reliable and smart, excellent genuine low mileage 44,000, alloy wheels, Bluetooth Stereo

£3,750 ono

07703 205028

Mazda RX-8

2004, 28,000 miles, CD, E/W, P/S, MOT, (54 Reg) MOT until Oct 2013, Serviced November 2012, Black and red leather interior, 6 CD Bose stereo, Heated front seats, Power steering, 18" Alloys, Electric windows

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Mercedes

Mercedes Benz 320 SL Coupe

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£7,995 ono
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Mercedes C220 CDi Elegance

Estate, 2006, full service history, 2 owners, taxed and MOT, good mileage, high specification inc cruise control, private plate included in price, immaculate condition

£7,495 ono
01353 778677
07850 098758

Mercedes E320 CDi Sport

2007, 7 speed tiptronic, auto, Silver, 64,000 miles, 18" alloys, panoramic sunroof, leather interior, parking sensors, taxed & MOT

£9,995 ono
01223 211355

Mercedes SLK200 Roadster

manual, 2004, Silver, 57,000 miles, silver, electric folding hardtop, airscarf headrests, heated leather seats, 6 CD changer, immaculate, all servicing by Mercedes, new MOT

£7,500
07968 978677

Mercedes-Benz 230 SLK Roaster

1999, Blue, A\C, 12 track stereo system, electric hard top, automatic/manual gearbox, usual mercedes fittings, sold with 1 year MOT, leather interior, private plate, economical to run, excellent condition

New Price £3250
01638 660987

Sport on Monday
Cambridge News

Mini

MINI Cooper 1.6

2005, Black Eyed Purple, 95,000 miles, ABS, recent brake overhaul, A\C, Climate Control, Cruise Control, E/W, Pepper Pack, Front Spot Lights, FSH, Alloys, Radio/CD, PAS, MOT until Oct 13, 6 months tax

£4,000
New Number
07527 960949

Mini Cooper S Convertible

Petrol, July 2006, Black, 55,000 miles, FSH, CD player, Reverse parking sensors, Tax and MOT, Lady owner, Excellent condition

£6,300 ono
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01954 714404
after 6pm

Nissan

Nissan Note 1.6 SVE

Auto, 5 door, Petrol, 2006 (56), Silver, 56,000 miles, Climate Control, E/W, MOT, Tax, part leather, FSH, 2 former owners, 6 CD, excellent condition

£4,295
07725 860689

Nissan Primera

2.0i SLX,1998, 84,000 miles, two owners, full service/MOT history, good condition, electric/heated mirrors, electric windows, ABS, air conditioning, 4 airbags, Garmin Sat Nav system and Sony sound system

£600
07846 944083

Nissan Note 1.6 SVE

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£4,100
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Nissan X-Trail

2.2, 53 plate, silver, 94,000 miles, Climate, one previous owner, service history, 6 CD changer, full tilt e/s/r, e/m, 12 months MOT, 6 months tax, recent good quality all round weather tyres, good reliable family car

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07967 271162

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07738 752969

Peugeot

Peugeot 206

Petrol, 2001, Y Reg, Black, 82,700 miles, E/W, PAS, MOT until Aug, Taxed until July, E/M, Cambelt was replaced at 70,000 miles, Good condition throughout for it's age, 2 previous owners

£1,000
07802 468358

Peugeot SW 307

Petrol, 2007, metallic gun metal grey, ABS, A\C, CD, Climate, Cruise Control, Airbag, Immobiliser, P/S, MOT, E/S/Roof, Tow bar, E/M, Tax, 1.6 SE 5 door estate, Manual, Parking Sensors, r/c/l, CD Player with 5 disc Multichanger, Roof Rails, ABS, Head Restraints Roof Rails, Upholstery Cloth, Air Bag Driver, Air Bag Passenger, 10 months MOT, 6 months tax, Tow bar

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07956 555099

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MG ZR 1.8VVC

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07450 500979

MG ZR+

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£1,250
07501 184716

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07881 951961

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Suzuki Jimny SZ3

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Suzuki

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Free quotes call 01223 852735
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12 PROPERTY

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13 PUBLIC NOTICES

Public Notices

INSOLVENCY ACT 1986

IN BANKRUPTCY
CAMBRIDGE COUNTY COURT

NO. 450 OF 2005 **RE: STEPHEN JOHN ASPLEN**

Radio Controller and Part-Time Hire Car Driver of 115 Kingsway, Cambridge CB4 2EW lately residing at 5 Kerrys Yard, Fen Road, Chesterton, Cambridge CB4 1YP and formerly at 94 Ramsden Square, Cambridge CB4 2BL and 51 Howard Road, Cambridge, CB5 8QT, formerly a Company Director.

D.O.B: 11 June 1955

I intend to pay within four months *from 20 May 2013* (being the last day for proving) the first and final dividend of 0.01 p/£.

Creditors who have not yet proved their debts must do so *by 20 May 2013* (being last day of proving) otherwise they will be excluded from the dividend. The required proof of debt form is available on the Insolvency Service website (www.bis.gov.uk/insolvency, select "Forms" and then form 6.37). Alternatively, you can contact my office at LTAU Central & Eastern, PO Box 490, Ipswich, Suffolk IP1 1YR telephone 01473 383535 to supply a form.

NO. 220 OF 2008 **RE: AHMED NASEEM RAMSAHYE**

Support Scientist of 10 Watermead, Bar Hill,Cambridge CB23 8TJ, lately residing at Apartment 56, 220 Rue Du Pioch, Boutonnet, Montpellier, France, 34090 and formerly at 43 Mayfield Gardens, Brentwood, Essex CM14 4UL and 60A Eton Road, London and 155 Goldhawk Road, London W12

D.O.B: 23 February 1977

I intend to pay within four months *from 20 May 2013* (being the last day for proving) the first and final dividend of 0.01 p/£.

Creditors who have not yet proved their debts must do so *by 20 May 2013* (being last day of proving) otherwise they will be excluded from the dividend. The required proof of debt form is available on the Insolvency Service website (www.bis.gov.uk/insolvency, select "Forms" and then form 6.37). Alternatively, you can contact my office at LTAU Central & Eastern, PO Box 490, Ipswich, Suffolk IP1 1YR telephone 01473 383535 to supply a form.

Mrs L Thomas, Official Receiver and trustee

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Public Notices

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11 SITUATIONS VACANT

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Building Trade

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Newmarket News Classifieds

NEWS EDITOR

Have you got what it takes?

We are looking for a News Editor of Bedfordshire on Sunday and Bedford Midweek.

The successful candidate will have knowledge of running a news desk; have a commitment to websites and social media; experience of managing a small team of people and be prepared to get their hands dirty themselves.
In return we offer the chance to work for a company committed to giving its readers and communities unrivalled content both on and off-diary.
We offer a competitive salary and 5 weeks holiday a year.

If you have the skills, drive and that certain something to join our editorial team, please email hradmin@localworld.co.uk for a job description and application form. Closing date Friday 26th April 2013.

LOCAL WORLD

It is the company's policy to welcome applications from any individual regardless of ethnic origin, gender, disability, religious belief, sexual orientation or age. All applications will be considered on merit.

BEDFORDSHIRE onsunday BEDFORD midweek

Saturday 27th April 2013
10am - 2pm
MBDA, Six Hills Way, Stevenage, Herts SG1 2DA

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ACCOUNT EXECUTIVES

Internal (Telesales) (Ref: CNM001)
External (Ref CNM002)

Please state which role you are applying for.

Closing date: **Friday 26th April**

For a copy of the job description and application form please contact
hradmin@localworld.co.uk
0116 2224538.

Please send completed application form to
Matt Drummond, Cambridge Newspapers, Milton, Cambs CB24 6PP or email
matt.drummond@cambridge-news.co.uk

Are you bubbly, enthusiastic, hard working and determined to succeed? If so we could have the job for you...

The successful applicants will be responsible for selling multimedia and creative solutions into our portfolio of publications and online products. Working to deadlines, you will sell to existing clients, as well as generating new business. These positions would best suit outgoing, creative and confident individuals who are well organised, professional and keen to develop their sales skills, previous sales experience preferred but not essential.

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Cambridge News LOCAL WORLD

General Vacancies

AIRCRAFT ENGINEER

An opportunity has arisen for a talented and motivated aircraft engineer with a passion for historic aircraft and aviation to join The Fighter Collection.

The Fighter Collection based at The Imperial War Museum Duxford, is one of Europe's finest collections of historic aircraft with over fifteen airworthy aircraft in the fleet and many restoration projects in the planning stages.

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Some travel may be required to various locations both in the UK and Europe in support of the aircraft whilst attending flying display commitments

Applications should be made in the first instance including a covering letter and CV to:

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The Fighter Collection
Duxford Airfield, Cambridge CB22 4QR
01223 834973 - martin@fighter-collection.com

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Previous secretarial experience is essential, preferably within a professional services environment. Strong I.T. literacy is also crucial, particularly in Microsoft Excel and Word.

If you are interested please send your CV with covering letter/email by the 30th April to:
che.stoddart@charles-stanley.co.uk

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Cambridgeshire & Peterborough Probation Trust

BOARD MEMBERS VACANCY

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The future of the National Offender Management Service rests with people like you. People who are passionate about protecting the public, reducing re-offending – and helping ex-offenders back into meaningful roles within their communities.

Of course, in order to do this in an increasingly challenging and complex world, it takes more than just the right motivation. It takes real leadership and strategic insight; strong on people and financial management; with the ability to drive change and enhance performance. It also takes an open mind, a commitment to celebrating diversity and, above all, the integrity and business acumen needed to make profound, results-oriented decisions that can create our future and turn individual offenders around.

If these are skills you possess - and you can offer up to five days a month as a Trust Board Member - applying them here means the opportunity to play a major role in transforming the service and, as a result, making a significant difference to the lives of the people in your community. Appointment will be up until 31st March 2014, with the possibility of a further year's extension.

Closing date for receipt of applications is Friday 10th May 2013 at 4pm.
If you would like to discuss the role, please contact the Chair, Kevin Ellis, or CEO John Budd, by initially calling 03000 477000 to arrange a convenient time.

If you would like to request an application pack please email: human.resources@cppt.probation.gsi.gov.uk or telephone the recruitment hotline: 03000 477028 quoting reference Board (CPPT)

Shortlisted candidates will be invited to attend for interview on **Monday 3rd June 2013**.

The Ministry of Justice is an equal opportunities organisation and welcomes applications for statutory office holders regardless of ethnic origin, religious belief, age, gender, gender identity, sexual orientation, disability or any other irrelevant factor.

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While previous experience is not essential, dedication to ensuring the job always gets done and done well is a must. Applications are invited only from those who pay close attention to detail, have top-class organisational skills and can demonstrate an ability to use their own initiative.

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The successful candidate will be responsible for providing commercial features editorial – from company profiles to general editorial to support advertising features – across a range of our award-winning titles and websites. They will also write editorial for our various property titles, including Cambridge HomesNow and our stable of weekly newspapers across the region.

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A journalism qualification is desirable, but not essential if you can demonstrate excellent writing and organisational skills.

We offer a competitive salary, five weeks' annual holiday, contributory pension scheme, health cash plan and free on-site parking – plus the opportunity to develop within a leading media company.

For a copy of the job description and application form please contact hradmin@localworld.co.uk or 0116 2224538.

Please send completed application to Paul Kirkley, Cambridge Newspapers, Winship Road, Milton, Cambridge, CB24 6PP or email paul.kirkley@cambridge-news.co.uk

The closing date for applications is Friday, April 26th.

Cambridge Newspapers | LOCAL WORLD | HomesNow www.homesnow.co.uk

It is the company policy to welcome applications from any individual regardless of ethnic origin, gender, disability, religious belief, sexual orientation or age. All applications will be considered on merit.

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Education

Suffolk County Council

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UPS/MPS (TLR2A £2,535*)

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** TLR2A will be available for English subject leadership with additional responsibilities.*

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Are you the right person to help us further improve outcomes through creative approaches? Can you motivate pupils to help them achieve their full potential? Come and join the "Wonderful Westfield" team.

Visits to the school will be most welcome.

Roll: 308; 3-11 years. Further details and application forms available from the Headteacher, Mrs R A Campbell, at the school, Chalkstone Way, Haverhill CB9 0BW.
Email: ht@westfieldschool.co.uk
Tel: (01440) 761697.
Closing date: 29 April 2013.
Interviews: 9 May 2013.

This authority is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults and expects all staff and volunteers to share this commitment. DBS checks or police vetting will be required for relevant posts. Suffolk County Council - welcoming diversity.

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The Active Learning Trust

New School in East Chesterton

EYFS Phase Leader (TLR2a)

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The Active Learning Trust is opening a new school in East Chesterton, Cambridge. By September 2013, we will have built a brand new state of the art Foundation Stage unit. We need an outstanding teacher to lead the development of our Foundation Stage provision within the new school.

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- Has high expectations in all areas of children's learning and behaviour
- Can lead innovation and originality in creating stimulating learning opportunities
- Is able to monitor standards and progress in order to initiate improvement
- Can work effectively with parents to provide the very best support for all of our children
- Is able to encourage the children to develop a lifelong passion for learning.
- Has fresh ideas and, very importantly, a good sense of humour!

We offer a committed, supportive and fully engaged local governing body and academy sponsor. This is an exciting and innovative opportunity for a forward thinking Senior Leader to make a real difference and be involved in the development of the school from the outset.

Please contact Head of HR Jan Steel – Jan.Steel@activelearningtrust.org for further details and application pack or visit www.activelearningtrust.org
Closing date : May 3rd 2013

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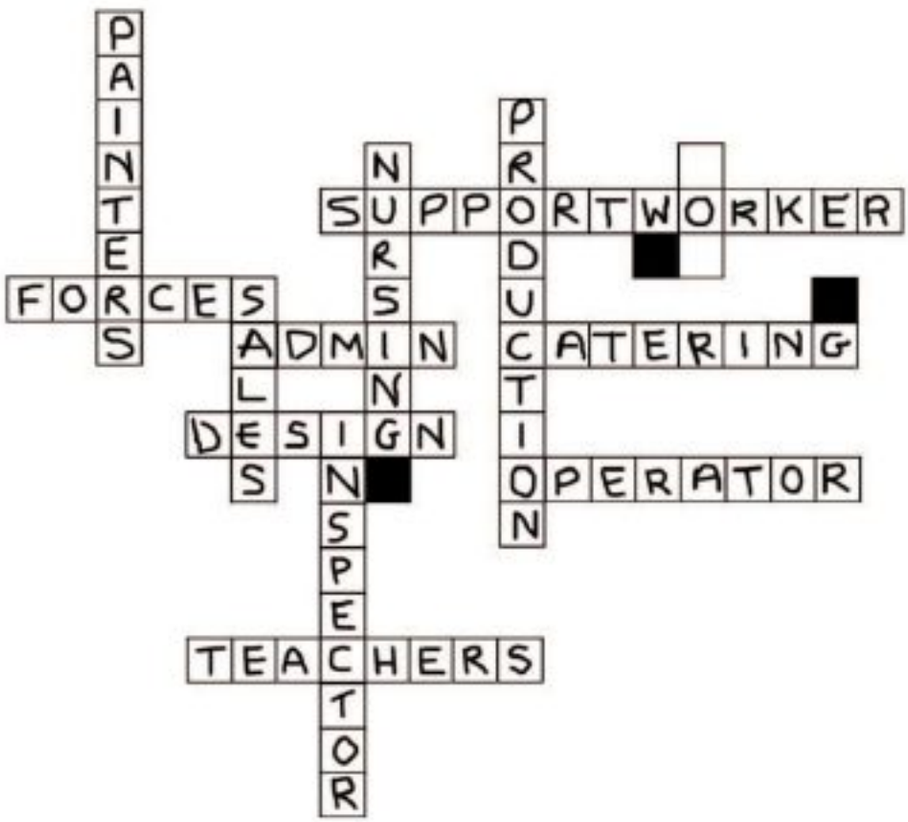

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Newmarket News

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Round-up

> Athletics

Denys is a top-20 hit

DENYS Olefir set a personal best as he earned a top-20 position at the Brighton Marathon.
The Newmarket Jogger took advantage of sunshine and dry conditions to cross the line in 20th position in 2hr 49min.
Next over the line in another PB, by almost 30 minutes, was Joggers ladies' captain Lisa Redman, who led by example crossing the line in 3:52, closely followed by her fiancé Justin Long, whom she outsprinted at the end as he finished in 3:53 to complete his first marathon.
Nicky Chapman crossed the line in 3:56, another PB and more than two hours quicker than her previous marathon time.
Elsewhere, Jonathan Muffet was third out of more than 200 runners in 43min 48sec at the Ickworth 10k over a muddy cross-country course.
He was also 1st Mv40. Fernando Montesso was 18th in 48.48, with Neil Williamson one place and second behind.
Newmarket's Ben Snaith was first in the 100m at the Lee Valley Open Championships, in 11sec. Sarah Driver was fifth in her hurdle event, Paul Notley second in his 100m event and first in the 200m and Maisey Snaith third in both the 100m and 200m.
Cambourne 10km: Clive Purbrook 47.05, Chris Eyre 47.16, Belinda Schofield 54.03, Michelle Barnes 59.40.

> Youth rugby

Rugby squad in fine form

NEWMARKET under-nines hosted Huntingdon Stags and Saffron Walden for a series of games and came out on top, winning four and losing two.

The Blacks began with a 20-0 win over Walden thanks to tries from Josh Jones (2), Matthew Addison and Casey Feehan.

Addison scored four tries in a 45-5 win over Huntingdon Stags B, with Feehan (2), Riley Palmer, Edward Newton and Noah Wall also touching down.

But the Blacks finally came unstuck against Huntingdon Stags A, losing 20-10. Tyler Parmar-Andrews and Jones scored Newmarket's tries.

Newmarket Greens got off to a difficult start, losing to Huntingdon Stags A 35-0 but they bounced back to beat Saffron Walden 20-10.

Harry Haylock scored two tries, with Archie Morgan and Isaac Dear also touching down.

Their final match ended on a high as the Greens overcame Huntingdon Stags B 40-20.

Josh Surbey and Dear scored hat-tricks with further tries from Morgan and Haylock.

> Speedway

Confident Armstrong sees Tigers home

JON Armstrong admitted his first maximum of the season came easy as the veteran racer led Mildenhall to a comfortable first victory, 55-37 against Stoke in the National Trophy.

The 38-year-old was involved in two of the Fen Tigers' three heat maximums and reduced the damage of Stoke's tactical effort in heat nine, as the home side dominated with 12 of the 15 race winners to begin their Trophy campaign in style.

"I'm well pleased, I didn't expect to get a maximum so early," said Armstrong (pictured).

"I expected it to be a lot harder to get one today with the likes of Lee Smart riding for Stoke. I don't want to sound too confident, but it came quite easy.

"The track is riding really nice, you can go into the corner anywhere hard and be in total control.

"The win could have been larger with Josh (Bates) falling twice. He's a young kid who's enthusiastic and wants to do it all in one lap.

"He's quick but just needs to settle down and bide his time."

Bates fell in heats three and nine but also won twice, which included a fine move under Luke Chessell in his last race.

He had been due to ride for Scunthorpe in the Premier League but Bates denied claims by Tigers promoter Michael Lee and a source close to the rider that he had relinquished his ties with the Scorpions.

Stefan Nielsen was beaten twice but executed the pass of the night as he somehow squeezed under Kyle Hughes off the final bend in heat six, while there were solid performances by captain Daniel Halsey and Nathan Stoneman.

Mildenhall team manager Robert Henry said: "It was a bigger win than anyone expected and no-one was going to touch our top four today.

"It's a good result and a good all round team effort, I can't fault anyone."

Mildenhall – Armstrong 14+1 (5 rides), Nielsen 12+1 (5), Halsey 9+1 (4), Stoneman 7+1 (4), Bates 6 (4), Rumsey 4 (4), Baseby 3 (4).

Stoke – Hughes 9 (5 rides), Reade 7+1 (4), Priest 7+1 (4), Smart 7 (5), Chessell 5+1 (4), Jones 1+1 (4), Tedham 1 (4).

> Hockey

Newmarket just miss out on title

NEWMARKET had to settle for promotion only as they lost their battle for the title on the final day of the East Men's League, Division 3NW season.

The team travelled to Wisbech III and triumphed 4-2, but they had to better Wisbech II's result against St Neots and the table-toppers did not slip up.

Newmarket deservedly fell behind after a few minutes and they did not heed the warning as some more sloppy play and a lack of concentration in midfield soon resulted in them falling two goals behind.

Coach Nick Thorpe made a few tactical tweaks and substitutions from the sideline, bringing Ben Gotfredsen on from the bench who slotted in at left half, and he had a solid game.

With the attacking quartet of Mike Skelton, Matt Holden, Mark Pears and Harry Bell making good runs, Newmarket started to create chances further up the pitch.

They won a penalty corner which the goalkeeper saved comfortably, but Chris Leggett chased the ball down into the far right corner and his cross was deflected in by Pears.

Thorpe made a few more alterations at the break and Newmarket dominated the second half, with Harry Bell in the game more on the right and firing some superb balls into the D.

Eventually the pressure told and the penalty corners began to flow, Ollie Wade scoring the second with a drag to the bottom right corner.

Newmarket almost took the lead moments later when Alex Andreou's long clearance found Pears, who beat a man and dragged the defence out of position before squaring to Holden for a tap in at the far post, but he missed.

It did not matter, however, as they soon took the lead following a free-flowing move. Pears drew the keeper out and found Bell at the right post, who slammed home.

Bell then scored Newmarket's fourth, driving into the D and firing the ball into the bottom corner with an assured finish.

The result and overall performance made it a worthy finish to another fantastic season, which has seen the team win 20 out of 22 league games and clinch promotion to Division 2.

> Golf

SOLID SHOT: Luke Bowers of The Links in action at the Cambridge Area Golf Union Fourball championship at Gog Magog. Bowers, partnering Brampton Park's James Reeson scored 76 to finish 11 points behind winners Matthew Peck and Mark Priestly of St Ives.
Picture: Keith Heppell.

Jon leads Tigers home

Confident Armstrong takes a maximum in National Trophy victory over Stoke

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> Racing

Quartet to take Craven challenge

TORONADO and Dundonnell, the first two home in the Champagne Stakes at Doncaster, are set for a rematch in the Novae Bloodstock Insurance Craven Stakes at Newmarket tomorrow.

The Richard Hannon-trained Toronado got the verdict in South Yorkshire by half a length to maintain his unbeaten record, but now has to give 3lb to Roger Charlton's colt. While Toronado was put away for the winter after completing a hat-trick, Dundonnell went to Santa Anita, where he was fourth in the Breeders' Cup Juvenile Turf.

Hannon has also declared Havana Gold, winner of the Group Three Somerville Tattersall Stakes and runner-up in the £500,000 Tattersalls Millions 2YO Trophy on this course last autumn.

A small but highly-select field of four in the Group Three on the Rowley Mile is completed by the Godolphin-owned Tawhid.

The Saeed bin Suroor-trained colt ended his first campaign on a high with victory in the Group Three Horris Hill Stakes at Newbury.

REPORTS FROM THE CRAVEN

VISIT OUR WEBSITE FOR REPORTS AND RESULTS FROM THE TWO-DAY, SEASON-OPENING CRAVEN MEETING ON THE ROWLEY MILE

www.cambridge-news.co.uk

> Rugby union

Parry extends prolific form

JOSH Parry maintained his excellent scoring record for the season to the last with two tries in Newmarket's 32-3 win over West Norfolk as they sealed third in Greene King IPA Eastern Counties One.

In a scrappy match, Parry opened his account after a good kick through from Jimmy Adams.

The lead was extended by a Michael Reeves penalty and the same player increased the lead to 13-0 with a try after a destructive scrum.

West Norfolk hit back with what were their only points of the game, a penalty, as it remained 13-3 at the break.

After half time, Robbie Holland touched down after a series of forward surges.

More power play, this time from Lewis Smith, ended with Adam Smith diving over from close range and Reeves' conversion made it 25-3.

And, fittingly, with the final play of the league season, Parry scorched over for his 27th of the campaign after some quick handling on the overlap. Reeves added the extras.

Newmarket's face Cantabs in the County Cup at Ely on Wednesday, April 24, kick off 7.45pm.

> Football

Let's win the league for Luke, urges Grainger

UNLUCKY BREAK: Club officials from Newmarket and Saffron Walden look on with concern as Newmarket midfielder Luke Butcher gets treatment on the pitch after suffering a broken leg at the Town Ground on Saturday.

KEVIN Grainger wants Newmarket to finish the job and win the Thurlow Nunn League, First Division so they can dedicate the triumph to Luke Butcher.

Jockeys midfielder Butcher had surgery on Sunday after he suffered a horrific broken leg in Newmarket's home match with Saffron Walden the previous day.

The incident happened in the second half when the Newmarket midfielder went in for a 50-50 challenge with Joe Rudkin, with no blame being attached to the Saffron Walden player.

Butcher was taken to hospital in an ambulance and the referee, along with the referee's assessor, decided to abandon the match, which hosts Newmarket were leading 3-1.

"It was very sad and these things always seem to happen to the good lads," said Newmarket's joint-manager Kevin Grainger, who had seen Butcher score with a volley to add to Ed Curtis' brace. "We'll support him and give him whatever he needs.

"He's a very nice lad with a very nice family and girlfriend. We're with him 100 per cent and want to win the title for the lad."

Saffron Walden's joint-manager Colin Wallington, whose team had netted through Matt Snelling, said: "It was absolutely terrible. He was probably the best player on the pitch and we'd all like to pass on our best wishes to him."

■ Christian Appleford regretted seeing the Stanway goalkeeper get sent off as his Mildenhall side were left frustrated and succumbed 2-1 at Recreation Way.

Two rapid counter-attacks resulted in Stanway going 2-0 up early on, before their shot-stopper felled Steve Holder in the box and received his marching orders. Darryl Coakley successfully converted the penalty, but the visitors' goal led a charmed life for the rest of the afternoon.

"It was bizarre as we had 95 per cent of the possession and played the game completely in their half," said boss Appleford.

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